



Heart to Heart

Bulletin of Sacred Heart Parish, Andheri (E)

Volume XX No. 102

September 2026

For Private Circulation Only

Do as
He
tells you



Our Regular Programme

SUNDAY MASSES

Morning

6:30 am (English Mass)

7:30 am (Konkani Mass)

8:45 am (Parish Mass)

10:00 am (Children's Mass in the Church)

10:00 am (English Mass in the Community Hall; Youth Mass - Every First Sunday)

Evening

4:15 pm (Hindi Mass)

5:30 pm (English Mass)

Weekday Masses: 6:30 am, 7:30 am and 7:00 pm

Novenas after all Masses

St. Antony of Padua - Tuesday

Our Lady of Perpetual Help - Wednesday

Rosary: Weekdays 6.00 am | Every Saturday at 6.15 pm

Silent Eucharistic Adoration: All Weekdays (except 4th Sat): 8.00 am to 8.45 am

Mon, Tue, Wed & Fri (except 1st Fri) : 6.30 pm to 7.00 pm

Holy Hour: Thurs & 1st Friday - 6.00 pm to 7.00 pm. 4th Saturday - 8.00 am to 9.00 am

Every Fourth Friday of the Month: Intercession through the Divine Mercy Chaplet at 7:30 pm

Catechism for Children: From 8:45 am to 9:45 am every Sunday

Confessions: Weekday 6:30 pm and Saturday 6:15 pm to 7:00 pm

Baptism: Sundays, Completion of Pre-Baptismal Course is mandatory

Pre-nuptial Enquiry: by Appointment

Sick Calls: At any time

Counselling: With prior appointment at Parish Office

Centre for Community Org.: (Tel: 8433605226)

Mon, Wed, Fri, Sat (10 am to 12 Noon), Tue, Thurs (5 pm to 7 pm), and Sunday Closed.

Dental Clinic: (Tel. 9324384676) Monday to Saturday - 9.00 am to 5.00 pm

Parish Office hours

9:00 am to 12:30 pm (Mon to Sat)

4:30 pm to 8:00 pm (Mon to Fri)

4:30 pm to 7:00 pm (Sat)

Tel: 9324585610, 9004011807

e-mail: h2h.bulletin@gmail.com

Website: www.sacredheartandheri.net

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Forthcoming Events

14 th Sept	Feast - Triumph of the Cross
15 th Sept	Memorial - Our Lady of Sorrows
16 th Sept	Memorial - Sts. Cornelius & Cyprian, Martyrs
20 th Sept	Mini Bible Quiz
21 st Sept	Feast of St. Matthew, Apostle & Evangelist
23 rd Sept	Memorial of St. Pius of Petrelcina, Priest
27 th Sept	World Day of Migrants
29 th Sept	Feast - Sts. Micheal, Gabriel & Raphael, Archangels
30 th Sept	Memorial - St. Jerome, Priest & Doctor
October	Rosary Month
1 st Oct	Feast - St. Therese of Child Jesus, Virgin & Doctor; World Elder's Day
1 st - 4 th Oct	Games for Senior Citizens' (Senior Citizens Cell) & Heart to Heart League (PYC)
2 nd Oct	Memorial of Holy Guardian Angels
4 th Oct	Thanksgiving Sunday
7 th Oct	Memorial - Our Lady of the Rosary
15 th Oct	Memorial - St. Teresa of Jesus (Avila) Virgin & Doctor
17 th Oct	Memorial - St. Ignatius of Antioch, Bishop & Martyr
17 th - 18 th Oct	Mission Outreach
18 th Oct	Mission Sunday
25 th Oct	Rosary Competition
28 th Oct	Feast - Sts. Simon and Jude, Apostles
1 st Nov	All Saints day
2 nd Nov	All Souls day
3 th - 5 th Nov	Mass in the Cemetery for Souls: 5pm and 7pm
4 th Nov	Memorial - St. Charles Borromeo, Bishop
5 th - 13 th Nov	Novena Dedicated to Sacred Heart of Jesus
9 th Nov	Feast- Dedication of the Lateran Basilica
10 th Nov	Memorial - St. Leo the Great, Pope & Doctor
11 th Nov	Memorial - St. Martin of Tours, Bishop
12 th Nov	Memorial - St. Joshapat, Bishop & Martyr
14 th Nov	Childrens Day
14 th - 15 th Nov	PARISH DAY
17 th Nov	Memorial - St.Elizabeth of Hungary, Religious
21 st Nov	Memorial - Presentation of Mary
22 nd Nov	Christ The King Feast
24 th Nov	Memorial - Sts. Andrew Dung-Lac, Priest & Martyr and Companions Divine Mercy Recollection
26 th - 29 th Nov	Intra-Parish Level Fun Cricket Tournament
30 th Nov	Feast - St. Andrew, Apostle
3 rd Dec	Solemnity - St. Francis Xavier, Priest
7 th Dec	Memorial - St. Ambrose, Bishop & Doctor
8 th Dec	Solemnity - Immaculate Conception of the Blessed Virgin Mary
12 th - 13 th Dec	Christmas Extravaganza
14 th Dec	Solemnity - St. John of the Cross, Priest & Doctor
16 th - 18 th Dec	Advent Confessions

- For additional details, kindly refer to the Parish Weekly Announcements.

From The Pastor's Desk

Dearly Beloved Parishioners,

As we celebrate **A YEAR OF FAITH-FILLED FAMILIES**, let us take Mother Mary as our model of total faith. Obeying the Word of God, she pondered all things in her heart and magnified God's greatness in her family life. Anchored in profound faith, Mary held her family together, lived in grace and served others with integrity, mutual respect and love. Today, she is venerated by people worldwide.

Mother Mary demonstrates that faith is lived through trust, obedience, prayer and love. When families enthrone God at the centre, following Mary's example, their homes become places where faith grows, love is strengthened and God's presence is experienced.

From Asia to Europe and South America, Mother Mary's message remains the same: **"Comfort, Protection and Mother's Love."** Marian devotion truly spans the globe because no matter where we are, a mother always hastens when her children call. We remember a mother's love and run to her for comfort, protection and love, for we always have a home where our mother is.

Mother Teresa, now Saint Teresa of Kolkata, once related an incident about a boy. *"Once I picked up a child and took him to our Children's Home; we gave him a bath, clean clothes and everything. After a day, the child ran away. Somebody else found him, but again he ran away. Then I said to the sisters, 'Please follow the child.' He ran away a third time, and the sisters did as instructed. There, under one of the trees, was his mother. She had placed a small earthenware vessel on two stones and was cooking something she had picked up out of a garbage bin. The sisters gently asked the child, 'Why did you run away from the home?' And the child said, 'This is my home because this is where my mother is.'"*



With the arrival of September, we eagerly await the celebration of the Birthday of Mother Mary. However far and wide we may live, we long to come home to where our mother is. From every corner of Maharashtra, irrespective of caste and creed, lakhs of people flock to Mount Mary's Basilica with profound devotion and faith, coming to her feet to venerate her and seek the blessings of our Heavenly Mother.

She is honoured as Mother of God, Mother of the Immaculate Conception, Tower of Ivory and House of Gold. Her dwelling becomes a home to the homeless, the destitute, the orphaned, the lonely, the sick, the aged and for every seeker. As a loving Mother, she cares for every child who comes to her with devotion and faith. People come to her in prayer, often on their knees, and place their deepest desires before her, with hope and trust.

Let us all come before her, visit her gracious dwelling place and receive her comfort, protection and immense Love, like the little boy who ran away simply to be with his mother, for that was where he found his home.

On behalf of my Clergy Team, I wish you all a **Happy Feast of the Nativity of our Heavenly Mother Mary**. May she bless you

and your families as we celebrate the birth anniversaries of our Parish and of the Society of the Divine Word (SVD).

Fr. John Mascarenhas SVD
Parish Priest

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Do Whatever He Tells You

Through the Immaculate Heart to the Sacred Heart

The Wedding at Cana (John 2:1-11) beautifully reveals both the Immaculate Heart of Mary and the Sacred Heart of Jesus. At every wedding, I naturally wish to know the names and appearance of the bridal couple. Interestingly, the Gospel of St. John never mentions them, instead, directs our attention entirely to Jesus, who performs His first public miracle by turning water into the finest wine at Mary's request. Jesus the true Bridegroom, continues to remain with His glorious Church, while Mother Mary stands as the loving Mother of the Church, leading every believer to her Son.

When the wine ran out, Mary noticed the need before anyone else and interceded with Jesus: **"They have no wine"** (John 2:3). She then gave the servants and every Christian the timeless instruction: **"Do whatever He tells you"** (John 2:5). These simple words continue to guide all who seek to follow Christ.

1. Mother Mary Notices Our Needs: Mary recognised the shortage of wine before anyone else. Her compassionate heart was attentive to the embarrassment of the hosts. She confidently approached Jesus and encouraged the servants to obey Him.

Even today, Mary continues to notice the ordinary needs of God's children, presenting our joys, fears, sorrows and hopes before her Son, trusting in His mercy. Through her loving intercession, God often transforms our scarcity into abundance. Her example teaches us to be attentive to the struggles of others and to bring their needs before the Lord in prayer.

2. Mother Mary Leads Us to Jesus: Mary did not attempt to solve the problem herself. With complete faith, she simply placed the need before Jesus, trusting Him completely.

Authentic devotion to Mary always leads us closer to Christ. She never seeks attention for herself but points us to her Son. The closer we draw to Mary, the closer we come to Jesus, learning to trust His wisdom, love and saving power in every circumstance.

3. Mother Mary Teaches Perfect Obedience: Mary's only recorded command in Scripture "Do whatever He tells you", defines true Christian discipleship. Faith is more than believing in Jesus; it means obeying Him with confidence. The servants obeyed without

understanding why they had to fill the stone jars with water. Their obedience became the occasion for Christ's first miracle.

Today too, Mary invites us to listen to God's Word, obey His commandments, forgive others, love our neighbours and remain faithful even when His plans surpass our understanding. God's miracles often begin with simple acts of obedience.

4. Mother Mary Strengthens Our Faith in God's Timing: When Jesus replied, **"My hour has not yet come,"** (John 2:4) Mary neither doubted nor argued. Instead, she instructed the servants to be ready for whatever Jesus would ask.

Mary teaches us to trust God's perfect timing. Sometimes our prayers are answered differently or later than we expect, yet God's delays are never without purpose. As Scripture assures us, **"No one who believes in Him will be put to shame"** (Romans 10:11). Mary's quiet confidence encourages us to remain faithful, believing that God is always at work for our good.

5. Mother Mary Rejoices When Jesus Is Glorified: Mary sought no honour for herself. Her joy was complete because the miracle at Cana revealed the glory of Jesus. His disciples came to believe in Him and hearts were drawn to Christ.

This remains the purpose of Mary's mission. Every authentic Marian devotion and apparition leads people to know, love and follow Jesus. She rejoices whenever we deepen our faith, receive the sacraments, serve others and become faithful disciples. Like Mary, we are called to glorify Christ rather than ourselves. Therefore, we pray each day after Holy Mass: **"May the Heart of Jesus live in the hearts of all."**

The Wedding at Cana is a beautiful invitation to journey through the Immaculate Heart of Mary to the Sacred Heart of Jesus. Mary's compassionate heart notices our needs, her faith leads us to Jesus, her words teach obedience, her confidence strengthens our hope and her example gives all glory to Christ. Her message remains unchanged: "Do whatever He tells you." If we faithfully follow this instruction, Jesus will transform the ordinary water of our lives into the rich wine of His grace, filling our hearts with joy, peace and everlasting hope.



CCO on the Move

September ushers in the Feast of the Nativity of our Blessed Mother, marking a milestone for our Centre for Community Organisation (CCO) as we journey into its 22nd anniversary in our parish. We are deeply grateful to God for His boundless blessings and to Mother Mary for her loving guidance, helping us to reach out, comfort and uplift those in need.

The Parish Pastoral Council (PPC) representatives for Triennium 2026-2029 were commissioned on 14th June 2026 during the 8.45 am Mass. On 28th June, Fr. Rueben Tellis led the orientation for the new PPC representatives.

The Parish Associations and Cells Council (PAC) meeting held on 22nd June 2026 saw a strong turnout and unveiled the list of the newly appointed Spiritual Directors for Cells/Associations for the current academic year. The representatives of the different Cells/Associations announced the schedule of programs/events planned for the upcoming quarter.

The Small Christian Community (SCC) Coordinators for Triennium 2026-2029 were commissioned on 28th June 2026 during the 8.45 am Mass. The same evening, nineteen SCC animators attended the Andheri Deanery Animators Basic Training Program at Holy Family Church.

The English Charismatic Prayer group, 'Jesus the Real Vine', conducted the Pentecost Night Vigil on 23rd May 2026.

Twenty-Two Extraordinary Eucharistic Ministers were commissioned on 21st June 2026 during the 8.45 am Mass.

The Bible Cell conducts Bible Classes every Tuesday on the book of Sirach and Holy Hour on the 4th Saturday of every month after the 7:30 am Mass. The Confirmation Classes for the year 2026-27 commenced on 14th June 2026.

The Senior Citizens Cell celebrated Parents and Grandparents Day on Sunday 26th July 2026, with a Feast Mass at 10.00 am, followed by a get-together and a fellowship meal in the Community Centre, giving 153 seniors an absolute rocking morning.

The Sunday School commenced on 14th June 2026. On 21st June, Catechists were recommissioned during the 10.00 am Mass, followed by a meeting. On 28th June, the Rite of Acceptance was conducted for the First Holy Communicants. Our parish also hosted the first Deanery Recollection the same day.

Grandparents and Parents' Day was celebrated joyfully on 26th July, featuring engaging classroom activities, a delightful action song by children of Std. 2 & 3, and a special Mass with the Parents and Catechists leading the liturgy.

The Community Welfare Fund (CWF) made the following payments for the period from May to July 2026

Education	: 12 payments
Medical	: 30 payments
Housing Aid	: 38 payments
Total	: 80 payments

The Parish Youth Council (PYC) organised a memorable picnic for the parish youth at Magnum Resort, Virar, on 13th June to relax, enjoy and bond with each other.

The Youth organised an important hands-on training session on CPR, a life-saving skill, on the 17th of July 2026 for the parishioners, who learned how to respond effectively during cardiac emergencies under the expert guidance and demonstration of Dr. Chetan Diliprao Bijwal.

The youth celebrated Grandparents' Day with a visit to the Home for the Aged on 26th July 2026, brightening the residents through singing, dancing, games and joyful interactions.

The CCO continues to assist those seeking employment as house help and patient attendants.

We also register eligible parishioners and non-parishioners who seek Matrimonial Alliances.

The Dental Clinic is functioning well.

Wishing all our dear parishioners a Blessed Feast of the Nativity of Mother Mary.

Ida Quinny
CCO Co-ordinator

“The divine mother remedied by her obedience the evil that Eve had caused by her disobedience.

– St. Augustine



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Hearty Laughter

RANDOM INSIGHTS

- I am great at multitasking. I can waste time, be unproductive and procrastinate all at once.
- The best thing about Mondays is that they eventually become Fridays.
- The trouble with doing nothing is that you never know when you are finished.
- My bed is a magical place where I suddenly remember everything I was supposed to do.
- The older I get, the earlier it gets late.
- Do not worry about getting old. You are still going to make mistakes. You will just have more experience doing it.
- Life does not come with instructions. It comes with relatives who think they know better.
- Retirement is when you stop living at work and start working at living.
- A positive attitude may not solve every problem, but it will annoy enough people to make it worthwhile.
- Experience is what you get when you did not get what you wanted.
- I started with nothing, and I still have most of it.
- The secret to a happy life is a good sense of humour and selective memory.
- Cleaning the house is easy. Keeping it clean is the part that requires a miracle.
- My brain has too many tabs open, and I have no idea where the music is coming from.
- I do not believe in diets. The closest I've been to a diet is erasing the food searches from my browser history.
- Snoring is just someone bragging about being asleep.

DO YOU KNOW?

What's the difference between a cat and a comma?

One has claws at the end of its paws, and the other is a pause at the end of a clause.

What's the difference between ignorance and apathy?

I don't know, and I don't care.

If you lose one sense, your other senses are enhanced.

This is why people with no sense of humour, have a heightened sense of self-importance.

Albert Einstein's Formula

Albert Einstein once gave what he considered the best formula for success in life. "If A is success in life, I should say the formula is a equals X plus Y plus Z, X being work and Y being play" "And what is Z?" inquired a friend. "That," he answered, "is keeping your mouth shut."

Complaints

A bakery customer complained about a pastry. "I was making pastry before you were born," replied the indignant baker. "Maybe so," said the customer, "but why sell it now?"

Customer Service

"I ordered a dozen oranges, but you sent me ten."

"Part of our service, madam, two were bad, so we saved you the trouble of throwing them away."

Conversations Overheard

Patient: I have swallowed a key,

Doctor: When?

Patient: Three months ago!

Doctor: What were you doing till now?

Patient: I was using the duplicate key; now I have lost that too!

Wife: You never listen to me!

Husband: That is a strange way to start a conversation.

Teacher: What is the first thing you should do when you wake up?

Pupil: Check if it is a school day.

Fr. Mike: Why are you late for Mass?

Man: Father, I had to take the children to Church.

Fr. Mike: But you are the children's father!

Man: Exactly, Father. That is why it took so long.

Catelin: My Mom has the worst memory.

Amanda: She forgets everything?

Catelin: No, she remembers everything!

Teacher: Please provide the ethical definition of copying.

Student: From one person, it's cheating. From many people, it's research.

Customer: I ordered a book called "How to scam people online" two months ago.

It still hasn't arrived yet.

Roy: Hey Bob, you have gained some weight, haven't you?

Bob: Yes, but I have started exercising every morning.

Roy: That is wonderful! What do you do?

Bob: I turn off my alarm and exercise my right to sleep

Heart to Heart Family Quiz (September 2026)

I) Match the Column:

- | | | |
|---------------------|--|-----------|
| 1. Mary | A. Holy Spirit Rested on him | 1. _____ |
| 2. Elizabeth | B. Told in a dream not to be afraid to take Mary as his wife | 2. _____ |
| 3. Gabriel | C. Former Satanist | 3. _____ |
| 4. Joseph | D. Recognised Mary as the mother of her Lord | 4. _____ |
| 5. Simeon | E. Announced that Mary would conceive and bear a son | 5. _____ |
| 6. Anna | F. Helped Jesus carry His Cross | 6. _____ |
| 7. Bartolo Longo | G. Said, "Do whatever he tells you." | 7. _____ |
| 8. Servants | H. Spoke about Jesus to those awaiting redemption | 8. _____ |
| 9. Beloved disciple | I. Obeyed Jesus and filled the jars with water | 9. _____ |
| 10. Shepherds | J. Was entrusted with Mary at the foot of the cross | 10. _____ |
| | K. Went to Bethlehem and found Mary, Joseph and the child | |
| | L. Complained about her sister to Jesus | |

II) Mark them on the Word Search panel and mention the answers here below

- One God: Holy _____
- Two Carpenters: _____
- Sacraments of Initiation: _____
- Fisher Men and Apostles: _____
- Theme of this bulletin: _____
- Place where Bartolo Longo built a Marian Shrine _____



III) Who said to Whom? Write the Bible reference, Book Chapter and Verse

- "Woman, what concern is that to you and to me? My hour has not yet come." _____
- "Behold, your father and I have been searching for you in great anxiety." _____
- "Do whatever he tells you." _____
- "Greetings, favored one! The Lord is with you." _____
- "Blessed are you among women, and blessed is the fruit of your womb." _____

ANSWERS OF FAMILY QUIZ - June 2026

- | | | | |
|---------------------------|--------------|--------------------|------|
| I. 1-A. | 2-D. | 3-C. | 4-B. |
| 5-D. | 6-A. | 7-C. | 8-C. |
| 9-B. | | | |
| II. 1. Jairus | 2. Zacchaeus | 3. Roman Centurian | |
| 4. Mary (Mother of Jesus) | 5. Nicodemus | | |
| III. 1. PAUL | 2. RUTH | 3. JOSEPH | |
| 4. SARAH | 5. ISAAC | 6. PETER | |

- Email the answers to h2h.bulletin@gmail.com OR Drop the responses in the LETTER BOX in front of the sacristy, latest by 20th September, 2026.
- The decision of the Editorial board will be final and binding.
- Only one response per family will be considered.
- We expect all answers to be from the NRSV (New Revised Standard Version) of the Bible.

Full Name (Head of Family) _____
 Names of Participants _____
 Telephone/Mobile No _____ Email _____
 Community No _____ Family No. _____
 Address _____

Parish Activities

Renewing Bonds

The Missionary Families of Christ (MFC), Sacred Heart Chapter, came together to organize a special programme called Renewing Bonds on 27th June, 2026. The idea was to bring together all MFC members, past and present, as well as those keen to strengthen their family life.

The Holy Eucharist was celebrated with the community at 7.00 pm, and later, a meaningful and intimate gathering of over 50 families was held at the Community Hall.

Families That Pray Together, Stay Together.

After a warm welcome, Praise and Worship was led by Austin and Vanessa Alva. A brief context setting led many to share spontaneous testimonies of how God performed miracles in

their lives, through faith, personal prayer and teachings of the MFC community.

Parents witnessed faith formation in their children and were proud to see them become role models in their peer group and achieve academic success.

Fr. George Mepurath SVD, our spiritual director, spoke about how families bring love, acceptance and a sense of belonging and instill values in children. Families create an environment where individuals learn to care and show concern for each other. He urged families to pray together and extend Christ's mission in our parish.

Families That Eat Together, Grow Together.

The exciting part of the evening was an agape, home-cooked, sumptuous meal prepared by

15 families from the MFC community. Everyone experienced an evening of togetherness, testimonies and a tasty meal, renewing and strengthening bonds with each other.

Families That Grow Together In Faith.

MFC is an evangelistic and missionary community, committed to becoming families empowered by the Holy Spirit to renew the face of the earth.

Come, experience our community and see the difference it makes in your family life.

Vincent Dsouza

Chapter Servant, Missionary Families of Christ

Orientation Programme for PPC Representatives

On 28th June 2026, an orientation programme for over forty Parish Pastoral Council (PPC) Representatives for the term 2026-2029 was conducted by Fr. Reuben Tellis from 11:00 am to 01:00 pm at the Mini Hall.

Fr. Reuben, currently Co-pastor at Good Shepherd Church, is a motivational speaker and musician, having 29 years of rich pastoral experience within the Archdiocese of Bombay.

Our Parish Priest, Fr. John Mascarenhas SVD, led the opening prayer and formally welcomed Fr. Reuben and all members. Following a brief introduction, Fr. Reuben was presented with a sapling.

Spread across three interactive sessions, Fr. Reuben highlighted the PPC as a vital parish ministry. Through engaging group bonding exercises, members reflected on their personal purpose within the council. The second session focused on

the importance of the parish vision and mission statement and the need for parishioners to periodically revisit them. Fr. Reuben encouraged PPC members to actively engage with parishioners – youth, seniors, the lonely, widows, widowers and separated individuals, by listening, guiding and connecting them with the Parish Priest. He also thoughtfully highlighted delicate faith-awareness matters, including misconceptions in interfaith marriages.

In the final session, Fr. Reuben outlined core guidelines for PPC Representatives, SCC Steering Committee, SCC Animators, and heads of cells and associations. Stressing that while various cells, associations and SCC ministries differ in function, they all share a common mission: to build a Christ-centered, participatory parish.

Using the acronym C.H.R.I.S.T, Fr. Reuben presented the foundational principle for pastoral leadership and service:

C – Compassion
H – Humility
R – Response – Ability
I – Involvement
S – Spirituality
T – Thanksgiving (Eucharist)

Following an insightful Q & A session, where Fr. Reuben addressed the questions very thoughtfully, Leonora Fernandes, PPC - Joint Secretary, delivered the vote of thanks, and Jude Zaccheus, PPC - Secretary, presented a token of appreciation. The attendees had a very enlightening and spiritual experience which guided them and gave a deeper understanding of values, responsibilities and purpose.

Fr. Reuben then led the closing prayer and imparted his blessings.

It was not just an orientation, but a meaningful spiritual experience!

Joy David

Vice President, Parish Pastoral Council

Parents' and Grandparents' Day celebration

Pope Leo's theme for Parents' and Grandparents' Day 2026, 'I will not forget you', emphasizes remembrance and the invaluable role our elders play in our families and society. We, at Sacred Heart Church, fondly celebrated our Golden stars (Parents and Grandparents) on 26th July, 2026, the feast day of Sts. Joachim and Anne.

The celebration began with the 10.00 am Mass celebrated by Fr. George Mepurath SVD, the Spiritual Director of the Senior Citizens' cell. His inspiring homily highlighted how seniors are an integral part of our society. After a special blessing with holy water, the youth choir, who sang beautifully throughout the Mass, stayed behind to help blow balloons for the game that followed.

After the Mass, the members enjoyed hot tea and a sandwich. The cell members who were registering the entries simultaneously distributed a Senior Citizens' Prayer and gold

stars and red, blue or green coloured ribbons depicting their teams with 50 people per team.

Fr. George welcomed the Parents and Grandparents with a short and sweet opening address.

Vincent Dsouza, our compere, then took over, leading the group into a Grand March with lots of dance moves accompanied by lovely foot-tapping music by Andrew D'souza, giving teammates a chance to mingle and dance. Next came a spirited balloon-bursting game, where the green team emerged victorious, followed by a jigsaw puzzle competition which kept their minds busy. The catchy dance music continued, encouraging many to get onto the floor.

Our Parish priest, Fr. John Mascarenhas SVD, gave the closing speech and prayed over everyone. Fr. Abraham D'Souza SVD briefly addressed the gathering and sang a beautiful hymn. Fr. Thomas Malipurathu SVD said the

Grace and prayed over the meal, which was catered by Marcus Fernandes.

Photos were then taken with the five priests and the senior citizen core team. Rahul Waghmare, our Youth Member, acted as the official photographer and videographer for the event.

Litty Joy delivered the vote of thanks. The highlight of the morning, as we all tucked into our delicious meal, enriched with friendly conversation and camaraderie, was Fr. John's melodious singing of Al Martino's Spanish Eyes. It was truly a special treat to see so many seniors participate in all the activities and unanimously agree that it was a wonderful event.

We sincerely thank our Clergy team and our Senior Citizen cell members for their hard work in making this day a truly special one for all of us.

Michele Athaide
Our Lady of Fatima, Community No. 2

Vianney Sunday 2026 A Celebration of Gratitude, Faith and Fellowship

From the cradle to life's final farewell, priests are the steady pillars in our faith journey. On Sunday, August 9, we celebrated the feast of St. John Marie Vianney to honour their joyful service and dedication, with profound gratitude and vibrant community spirit. The solemn Eucharistic celebration at 8:45 am was concelebrated by our clergy team—Fr. John, Fr. George, Fr. Thomas, Fr. Abraham, Fr. David, and Deacon Pratap, together with visiting celebrant Fr. George Arochiam SVD – in thanksgiving for the sacred mission to which they have been called as priests.

The Gospel message, "Take heart, it is I. Do not be afraid" and "Come" (Matthew 14:27, 29), radiated the spirit of the celebration. Jesus draws us to Him in faith amidst life's turbulent storms. Fr. John reflected on the powerful invitation, "Come", drawing a connection to our priests, who, like St. John Marie Vianney, have answered Christ's call to labour in the Lord's vineyard. Though their vocation entails sacrifices, challenges and struggles, their strength comes from the assurance that the Lord who called them will always accompany them, a powerful reminder for all of us to respond generously to God's call with faith, humility and perseverance.

Following the final solemn blessing, the Parish Pastoral Council (PPC) members felicitated each priest with a bouquet and memento, while the youth presented a Spiritual Bouquet, woven from their prayers and fasting as an expression of gratitude from the Parish.

The celebration then continued at the Hotel Auris, with 62 joyful guests, including members of the PPC, SCC, and PAC, as well as spiritual guides. Every attendee wore a heart-shaped sticker badge, symbolising the love we share as one Sacred Heart Parish family. Five interactive groups were formed, each led by one of our priests as a team leader. The comperes, Valerie Mascarenhas and Danica Fernandes—PPC members representing the Millennial and Gen Z generations respectively, anchored the event with poise and infectious energy, keeping the audience fully engaged. The games were creatively planned, including enacting and identifying Biblical characters and creating a fun reel highlighting our vibrant parish spirit using a given set of props. Friendly rivalries sparked during a special priest-versus-priest competition, filling the hall with laughter, excitement, and a profound sense of togetherness.

Every team participated wholeheartedly, though the spirit of the day focused on community rather than competition. Far sweeter than any prize was seeing our priests smile, knowing just how cherished they are by their parish family. Thrilling spot prizes enlivened the program, which culminated in a delicious, shared festive meal.

To crown the day, Fr. John expressed gratitude for the fellowship, with the clergy deeply moved by the unforgettable celebration. The priests thanked the parish for their generosity and requested ongoing prayers to sustain their ministry because behind every priestly ministry is a human being who needs the strength, grace and support that only prayer can provide.

May St. John Marie Vianney intercede for all our priests, blessing their ministry with strength, holiness, and abundant joy.

Leonara Fernandes
Joint Secretary – Parish Pastoral Council

A Day of Faith, Fun and Fellowship at St. Anne's Community

St. Anne's Community celebrated its Annual Day on 26 July 2026, the feast of St. Joachim and St. Anne, which is also celebrated as Grandparents Day. The celebration began with the 5:30 pm Mass, offered for the intentions of the community, followed by an evening of prayer, music, games and fellowship at the Community Centre.



St. Anne. The outgoing Committee Members were thanked for their service in the past few years, and the new Committee Members were introduced to St. Anne's members.

The evening then moved on to the performances by the First Holy Communicants from our community – Faye, Rebecca and Alisha presented a dance, followed by Sarah Sequeira, who sang and played the guitar.

The excitement grew as the games began. Colored ribbons were tied randomly to each person, forming teams based on the ribbon colour; giving everyone a chance to interact and team up with different members of the community.

The first game was Bingo, but with a twist. Instead of numbers, participants had to fill their Bingo by finding community members whose names matched the questions. This meant going around,

asking questions and discovering little things about one another. It was a fun way to get people talking and getting to know each other better.

The teams then took on "Bombing the City", followed by a balloon challenge. Members had to blow up balloons and burst them by sitting on them, with the first team to finish taking the win. The games brought out plenty of enthusiasm and friendly competition as teammates cheered each other on. Also, since it was Grandparents Day, Maria sang a Konkani song about grandparents.

The programme came to a close with a vote of thanks by Rosalia, who thanked the outgoing members and everyone who had taken part in the celebration.

The evening ended with dinner and more time to catch up with one another. The Annual Day was a wonderful opportunity for the community to come together, get to know one another better and celebrate the feast of St. Anne through faith, friendship and fun.

Alicia Menezes

PPC – St. Anne's, Community No. 26



YOUTH FULLY
ALIVE

An Evening of Togetherness

"Gray hair is a crown of splendor; it is attained in the way of righteousness."
Proverbs 16:31

Grandparents are living reminders of God's enduring love, carrying with them a lifetime of wisdom, faith and cherished memories. On 26th July, 2026, our parish youth had the privilege of celebrating **Grandparents' Day** with the residents of an old age home in Shere-E-Punjab. Entirely organized by the parish youth, the evening became a celebration of love, laughter and togetherness.

The programme commenced with our youth welcoming the grandparents with cheerful smiles and open hearts. A series of fun spot-prize games was conducted enthusiastically by our entertainers. The winners were delighted to receive gifts, but more importantly, everyone present shared in the joy of participating together.

The celebrations continued with lively action songs such as Chada, Happy Days and the ever-popular Macarena, performed by the youth. Adding a nostalgic touch to the evening was a medley of retro songs sung by our parish youth, taking many of the grandparents down memory lane. It was heartwarming to witness them singing along, clapping to the rhythm and enjoying every moment.

One of the most memorable aspects was the incredible enthusiasm displayed by the grandparents. Their radiant smiles, infectious laughter and willingness to participate reminded us that happiness knows no age. They danced, sang and embraced every activity with an energy that matched our own. Though they possessed decades of life experience, their youthful spirit inspired each one of us and served as a reminder that a joyful heart remains forever young.

The event concluded with our Youth Director, Fr. P. David SVD, imparting a special blessing upon all the grandparents. In a unique and

memorable gesture, he offered the blessing in five different languages, bringing smiles to everyone's faces and reflecting the spirit of unity and inclusiveness that filled the day.

As we bid farewell, we left with hearts enriched by more than just a successful event. We witnessed resilience, gratitude, and unwavering joy in the lives of those we celebrated. Their warmth and optimism taught us that happiness is not measured by age but by the love we choose to share.

Grandparents' Day was not merely an event, it was a beautiful encounter between generations, reminding us that every smile shared, every song sung and every dance enjoyed together strengthens the bonds of our parish family and reflects God's love in its purest form.

Seanna Dsouza

Apostles of Christ, Community No. 12

Basic Life Support and CPR Awareness Session

As part of the parish's commitment to promoting health and community well-being, parishioners along with Fr. George Mepurath SVD and Fr. P. David SVD attended a Basic Life Support (BLS) and CPR awareness session organized by the Parish Youth Council on 17th July, 2026. The session was conducted by Dr. Chetan Diliprao Bijwal, a senior consultant in Emergency Medicine and Critical Care from Sir H. N. Reliance Foundation Hospital, Mumbai. The session focused on how prompt action during a medical emergency can significantly improve survival chances and how equipping ordinary citizens with lifesaving skills can make a real difference.

Basic Life Support refers to the immediate care given to a person facing a life-threatening emergency until professional help arrives, with Cardiopulmonary Resuscitation (CPR) as one of its key components. Contrary to common belief, CPR can be performed by anyone with proper training, not only healthcare professionals.

The session underlined the importance of staying calm during an emergency; panic

delays critical action, while a calm approach helps assess the situation and respond effectively. Ensuring a safe environment before approaching a victim was highlighted as the first priority.

The trainer explained the difference between a heart attack, where the heart continues beating but blood flow is blocked, and a cardiac arrest, where the heart stops pumping altogether, making immediate CPR essential.

A step-by-step demonstration was conducted which included the following:

- Check responsiveness by tapping the shoulders and asking loudly if the person is okay.
- If there is no response, call a cardiac ambulance and check breathing and pulse using the "Look, Listen and Feel" method for 5-10 seconds; gasping is not considered normal breathing.
- Depending on the situation, select an appropriate response which ranges from the recovery position to rescue breaths to full CPR.

- Perform correct CPR technique: Place the hand at the centre of the chest, keep elbows straight and perform firm compressions about 5 cm deep at 100-120 per minute, with thirty compressions followed by two rescue breaths, or compression-only CPR if a barrier device is unavailable.

The session also covered the correct use of an Automated External Defibrillator (AED), including pad placement and ensuring nobody touches the patient while the shock is delivered, with CPR resuming immediately after.

The session concluded with the youth thanking the speaker, with a token of appreciation, and Fr. David for his support in organizing it. The key takeaway was that early recognition, immediate CPR and timely medical help can save lives. The session acted as a reminder that being prepared to respond in an emergency, whether as a healthcare professional or a community member, can make all the difference.

Bancy Bansal Dsouza
Emmanuel, Community No. 24

A Joyful Parish Youth Picnic

The Sacred Heart Church Parish Youth organized a fun-filled picnic at Magnum Resort, Virar, on 13th June, 2026. It was a day filled with prayer, fellowship, laughter and unforgettable memories, bringing together the youth of our parish for a truly joyful experience.

The day began on a prayerful note with the Holy Eucharistic Celebration at 6:30 am, where we thanked God for His countless blessings and prayed for a safe and enjoyable outing. After the Mass, everyone gathered with great excitement, and our buses departed for the resort at 8:00 am. Accompanying us were our Youth Spiritual Director, Fr. Lucas Parkhe SVD and our Youth Animators.

A delicious buffet breakfast at the resort energized us for the day ahead. Soon, everyone headed to the water park, where the fun truly began. From thrilling water

slides and the lively rain dance to the swirling wave pool and various other attractions, the day was filled with endless excitement. The cheerful laughter, smiling faces and enthusiasm of the youth reflected the spirit of togetherness that made the picnic so special.

In the afternoon, a sumptuous buffet lunch gave everyone an opportunity to relax, share conversations and strengthen the bonds of friendship within our parish family. As evening approached, we bid farewell to the resort and departed at around 5:30 pm. The journey back was just as memorable as the day itself. The buses came alive with music as everyone enthusiastically sang along to retro and contemporary songs, danced, laughed and relived the highlights of the picnic.

This picnic held a special place in all our hearts as it was the last parish picnic with our

beloved Youth Spiritual Director, Fr. Lucas. During the journey back, Fr. Lucas sincerely thanked the youth for their dedication, service and contributions to the parish over the past several years. His heartfelt words touched everyone and made the occasion both joyful and emotional. For many of us, this picnic marked the close of a remarkable chapter under his guidance. We will always cherish the lessons, encouragement and wonderful memories shared with him.

The excellent planning and teamwork of the organizing team, ensured a safe, enjoyable and memorable picnic for all. More than just a recreational outing, this picnic was a celebration of faith, friendship, unity and gratitude. We eagerly look forward to many more such gatherings in the years to come.

Shawn D'souza
Our Lady of Nazareth, Community No. 16

HEALTH PAGE

How to Enjoy the Monsoon while Staying Healthy: A Doctor's Guide

The monsoon is a beautiful season offering relief from the scorching summer heat with cool breezes, fresh greenery, pleasant weather and refreshing rainfall. People of all ages enjoy the season, relishing hot beverages, seasonal snacks and nature's beauty. However, the rainy season also increases the risk of waterborne, foodborne, vector-borne and respiratory infections due to high humidity, stagnant water and contamination of food and water. With simple precautions, it is possible to enjoy the monsoon while staying healthy and disease-free.

Water-Borne and Food-Borne Diseases

Heavy rainfall and flooding can contaminate drinking water with sewage overflows, increasing the transmission of pathogens that cause gastroenteritis, cholera, typhoid fever, hepatitis A, hepatitis E and bacillary dysentery.

To prevent monsoon-related illness, consume only boiled or purified drinking water and avoid food and beverages prepared with unsafe water or ice from unknown sources.

Choose freshly cooked meals over food which is stored for prolonged periods. Avoid street food, as it may be exposed to contaminated water, dust and flies. Wash fruits and vegetables thoroughly before consumption and cook leafy vegetables properly.

Vector-Borne Diseases

Mosquito-borne diseases are common during the monsoon. Stagnant water in containers, flowerpots, discarded tyres and open drains creates breeding habitats for mosquitoes,

particularly *Aedes aegypti* and *Anopheles* species, increasing transmission of dengue, chikungunya and malaria.

Wearing full-sleeved clothing, using mosquito repellents, installing window screens and sleeping under mosquito nets reduce exposure to mosquito bites.

Eliminate stagnant water around homes and workplaces by emptying water containers regularly, ensuring proper drainage, covering water storage containers and regularly inspecting discarded tyres, flowerpots and construction sites.

Respiratory and Dermatological Infections

Fluctuating temperatures, high humidity and overcrowded indoor spaces spread viral respiratory infections, including influenza and the common cold. One should practice respiratory hygiene by covering coughs and sneezes, performing regular hand hygiene and avoiding close contact with symptomatic individuals.

Excessive moisture and humidity trigger fungal and skin infections, including dermatophytosis and candidiasis. Wearing wet clothes or damp footwear for prolonged periods can cause fungal infections, athlete's foot and skin rashes.

Maintaining dry skin, changing wet clothing promptly, wearing breathable footwear and ensuring adequate personal hygiene help minimize these infections.

Nutrition and Immune System

Optimal nutritional status plays a vital role

in maintaining immunity. A balanced diet containing adequate protein, vitamins A, C, D, E, zinc, selenium, iron and antioxidants helps strengthen the immune system and improves the body's ability to fight infections. Seasonal fruits, vegetables, legumes, whole grains and dairy products should be included in the diet.

Adequate hydration, regular physical activity, sufficient sleep and effective stress management further contribute to immune competence and overall health. When outdoor exercise is difficult, stretching, yoga or light indoor workouts help maintain fitness. Managing stress through relaxation techniques and sufficient rest also supports the body's natural defense mechanisms.

Environmental Sanitation and Community Participation

Disease prevention extends beyond individual practices to community-level interventions. Keeping the surroundings clean is another vital preventive measure.

Proper waste disposal, regular cleaning of drainage systems, prevention of water stagnation and maintenance of sanitation infrastructure are essential public health measures.

Early Diagnosis and Appropriate Medical Care

Recognising warning signs early is essential to prevent complications. Persistent fever, severe headache, retro-orbital pain, abdominal pain, repeated vomiting, dehydration, altered mental status, respiratory distress, bleeding manifestations, or reduced urine output should not be ignored and require medical evaluation.

Disclaimer: All information contained in the Health Page is of a general nature and the opinion of the author about medical conditions should not be construed as medical advice, diagnosis or treatment. Please consult your physician for specific advice and also for continuance/discontinuance of existing treatment based on the information contained herein. The Sacred Heart Parish and/or the Editorial team make no representation and assumes no responsibility for the accuracy of the information contained in the Health Page.



Avoid self-medication, particularly with antibiotics, unless prescribed by a qualified healthcare professional due to the growing problem of antimicrobial resistance. Treatment should be guided by clinical evaluation and evidence-based protocols.

Special Considerations for Vulnerable Populations

Children, older adults, pregnant women and individuals with chronic illnesses such as diabetes, heart disease, chronic kidney disease, chronic respiratory disorders, or low immunity require additional preventive measures during the monsoon because they are more vulnerable to infections.

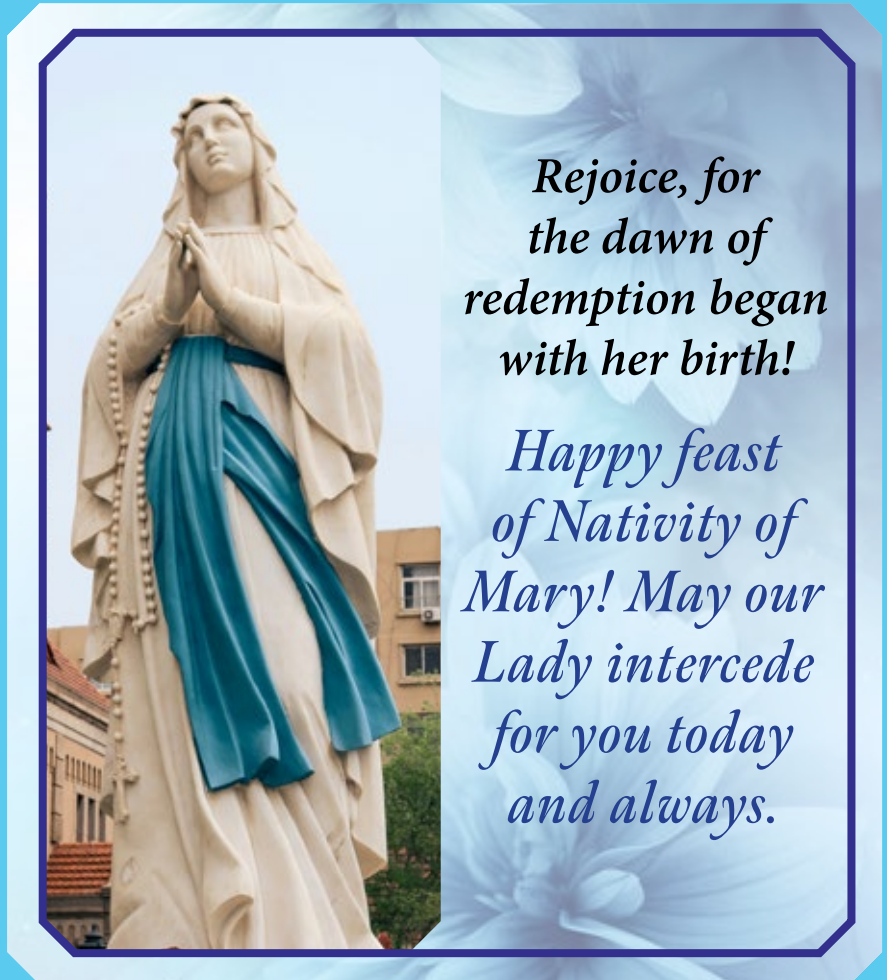
Regular follow-up, adherence to prescribed medications, appropriate vaccination where indicated and early medical consultation contribute significantly to reducing morbidity and mortality in these high-risk groups.

In conclusion, monsoon can be enjoyed safely with awareness and preventive care.

A comprehensive approach involving personal hygiene, environmental sanitation, food and water safety, vector control, strengthening immunity and seeking timely medical attention is the foundation of good health during this season. By adopting these simple yet effective measures, we can fully enjoy the season while minimizing the risk of illness.

As the saying goes, '**Prevention is always better than cure.**' and this is especially true during the monsoon months.

Dr. Sonia Subin George, MBBS
Emmanuel, Community No. 24



*Rejoice, for
the dawn of
redemption began
with her birth!*

*Happy feast
of Nativity of
Mary! May our
Lady intercede
for you today
and always.*



Mary's request: 'Do whatever he tells you', keeps its ever timely value for Christians of every age and is destined to renew its marvellous effect in everyone's life. It is an exhortation to trust without hesitation, especially when one does not understand the meaning or benefit of what Christ asks.

- Pope St. John Paul II



FROM THE PARISH REGISTER



Baptized
in Christ

Matteo Vincente
Esther Soni
Vayden Jasiel D'almeida
Ezra Kai Dcosta
Abner Augustine Dmello

S/o
D/o
S/o
S/o
S/o

Dixon Vincente & Roma Garji
Suraj & Pooja
Vernon Venzil D'almeida & Janet Fernandes
Stefan Vivian Dcosta & Velita Glenes Concessao
Randal Dmello & Vanessa Jovita Crasto

24-May-26
24-May-26
14-Jun-26
12-Jul-26
12-Jul-26



Resting
in Christ

Edaline Pinto
Joana Q. Dsouza
Sr. Joyce Lonappan
Edwin Fernandes
Thomson John Dsilva
Juliet Euphrasia Fernandes
Dhanraj Bhima Nageshi
Ignatius Rajapaul
Sebastina Dsouza

74 years
92 years
72 years
80 years
75 years
78 years
32 years
71 years
86 years

7, Umakanth Tiwari Chawl, Malpa Dongri No 3
A / 1704, Hillcrest, JVL R
Anugaraha, Holy Spirit Hospital
8 A / 3, Takshila CHS
18 / 5, Model Town CHS, Off M.C. Road
D / 111, Saroj Apartments, M.C. Road.
2/507 Shiv Darshan CHSL Sariput Nagar, JVL R
B 14, Trishul Building, M.C. Road
10 B/4, Takshila

3-Jun-26
7-Jun-26
18-May-26
23-Jun-26
2-Jul-26
4-Jul-26
12-Jul-26
22-Jul-26
4-Aug-26

For the 8:45 am Mass Schedule, Holy Hour Schedule and the Saturday 6:15 pm Rosary Schedule, kindly look up the Parish Website: www.sacredheartandheri.net

Prize Distribution Of Family Quiz: Winners April 2026



CONGRATULATIONS

WINNERS

OF THE
FAMILY QUIZ
June 2026

- Angeline and Anita Rodrigues
Community No. 06
- Claudius and Selma Dleema
Community No. 14
- Helen, Wayne, Divya and Mirella
D'Souza
Community No. 11
- Jude and Yvette Zaccheus
Community No. 32
- William and Vandana Rebello
Community No. 24
- Veronica, Rhea, Rohit, Jacinta
and Ronald Ferreira
Community No. 25
- Jacinta and Rachel D'souza
Community No. 16
- Valerian, Saniya, Sherwin and
Sylvia Saldanha
Community No. 30
- Robin, Robert, Carmine and
Chelsea Almeida
Community No. 30
- Anil and Sophie Pereira
Community No. 17
- Joseph, Caroline, Jayden,
Chris and Emmanuel Chettiar
Community No. 07
- Jenita, Jeremiah and
Leon Travesso
Community No. 27
- Savio, Louanna and
Zion D'Souza
Community No. 32

GUIDELINES TO SEND MATTER FOR THE BULLETIN

TO SEND ARTICLES FOR THE BULLETIN

1. The medium of Publication is English only.
2. Articles should be sent strictly by e-mail only to h2h.bulletin@gmail.com to reach the Editorial Board, within the stipulated deadline, as announced in the Parish Weekly Announcements. Please do not send handwritten articles.
3. Articles written by Individuals or on behalf of Cells/Associations/Communities should compulsorily be approved by both, the Spiritual Director and the Head of the respective Cell/Association/Community. It will be their sole responsibility and discretion to ensure that the Article is factually and morally correct.
4. Articles must have an appropriate title, the full name of the author and the name and number of their community. A contact telephone number should also be mentioned so that clarification(s) if any, can be easily obtained. Please refrain from having more than one author per article.
5. Please ensure Articles are submitted by the prescribed date to avoid disappointment as those received after the announced deadline, would be published in the current issue, subject to availability of space. The same will not be carried forward to the next issue.
6. Articles on the activities of the parish should be restricted to a maximum of 500 words only.
7. It is important for Cells/Associations/Communities to report their activities and the Heads and Spiritual Directors of Communities/Cells/Associations should encourage their members to contribute articles to the Bulletin. A maximum of one article per person, per issue will be considered.
8. Please note that it will not be possible to entertain any request for change(s) in the Article, once submitted for publication.
9. 'The Health Space' / 'The Professional Opinion' space aim to provide guidance by experienced Professionals, from their respective fields of expertise, on various matters of importance that affect our day-to-day living. Professionals (parishioners only) with an experience of above 15 years in a particular field and are willing to contribute articles for this space; are invited to send an introductory email to h2h.bulletin@gmail.com providing your contact details and the area of your expertise after which the Editorial Team will get in touch with you. Only submissions from those who have been formally invited by the Editorial Team will be taken into consideration for this space. The content should not exceed 650 Words.
10. The 'Photograph Page' is to give a visual representation of events and aims to display the variety of activities taking place in the parish, organized by the parishioners of different age groups, Cells, Associations, Communities etc. Photographs of the parish activities sent for publication should be of High-Definition quality. Please do not send Collages but only individual horizontal photographs (landscape orientation). The discretion to publish the photographs sent will be the prerogative of the Editorial Team.
11. Internet forwards and anonymous articles will not be published.
12. The decision of the Editorial Team regarding the winners of any contests featured in the Bulletin shall be final and binding.
13. The Editorial Team reserves the right to edit or reject articles at its discretion and is solely responsible for the layout.

TO BOOK ADS ON THE BULLETIN

1. Booking of advertisements to be published in the Bulletin can be done at the Parish Office by paying the requisite fee by Cheque within the stipulated deadline for submission of articles as mentioned in the Parish Weekly Announcements..
2. Send an email to h2h.bulletin@gmail.com containing the following information:
 - » Artwork of the advertisement in a vector format with any of the following file extensions only (jpeg, .ai, .eps and pdf).
 - » Word documents will not be accepted.
 - » Payment Receipt Number
3. Subsequently submit a hard copy/(printout) of the Artwork to the Parish Office.
4. The Editorial Team will exercise its discretion when publishing commercially supported content. The Editorial Team reserves the right to reject any promotion it deems to be misleading or controversial.

Parish Pastoral Council (PPC) 2026-2029

I Executive Committee		
No.	Name	Designation
1	Fr. John Mascarenhas SVD	President
2	Joy David	Vice President
3	Jude Zaccheus	Secretary
4	Leonora Fernandes	Jt. Secretary
5	Ida Quinny	CCO Coordinator
6	Daniel Fernandes	Parish Coordinator of SCCs
II Ex-Officio Members		
1	Fr. John Mascarenhas SVD	President
2	Fr. George Mepurath SVD	Co-Pastor
3	Fr. Abraham D'Souza SVD	Co-Pastor
4	Fr. P. David SVD	Co-Pastor
5	Fr. Thomas Malipurathu SVD	Co-Pastor
6	Sr. Faustin Mascarenhas FDCC	Canossian Daughter of Charity
7	Sr. Turbin D'Souza FS	Sisters of Our Lady of Fatima
8	Sr. Merlyn Karikunnel SSPS	Missionary Sisters Servants of the Holy Spirit
9	Sr. Agnes Pulluparambil SHsp	Congregation of the Sisters of the Holy Spirit
10	Sr. Priti Pereira US	Society of St. Ursula
11	Sr. Laly Pappachan SJSM	Sisters of St. Joseph of St. Marc
12	Fr. Francisco Periera SDB	Salesians of Don Bosco
13	Fr. Salate Nathan SVD	Societas Verbi Divini - SVD Unit Leader
III Lay Office Bearers		
1	Ida Quinny	CCO Coordinator
2	Daniel Fernandes	Parish Coordinator of SCCs
IV Elected Lay Representatives		
1	Sunny Fernandes	Lay Representative
2	Sylvester D'Silva	Lay Representative
3	Anupama Subodhanan	Lay Representative
4	Josephine Fernandes	Lay Representative
5	Vincent D'Souza	Lay Representative
6	Anella Quadros	Lay Representative
V Nominated		
1	Sunny Fernandes	Youth Representative

VI Elected Community Representatives				
No.	Name	Designation	Spiritual Director	Area No.
1	Edward Anthony	Immaculate Conception	Fr. John Mascarenhas SVD	1
2	Leonora Fernandes	Our Lady of Fatima	Fr. P. David SVD	3
3	Francis Fernandes	Holy Cross	Fr. Abraham D'Souza SVD	3
4	Monisha Nadar	Divya Jyoti	Fr. George Mepurath SVD	3
5	Savina Baptista	St. Anthony's	Fr. John Mascarenhas SVD	1
6	Gertrude Rodrigues	Morning Star	Fr. P. David SVD	1
7	Irene Noronha	Good Shepherd	Fr. Abraham D'Souza SVD	1
8	Jenifa Fernandes	Infant Jesus	Fr. John Mascarenhas SVD	1
9	Prem Noronha	Divine Mercy	Fr. Abraham D'Souza SVD	3
10	Anna Assisi	St. Theresa of the Child Jesus	Fr. George Mepurath SVD	5
11	Fredie Fernandes	Jeevan Jyoti	Fr. P. David SVD	5
12	Diana Lobo	Apostles of Christ	Fr. John Mascarenhas SVD	5
13	Samantha Mascarenhas	Holy Family	Fr. George Mepurath SVD	2
14	Joselyn Fernandes	Helpers of Jesus	Fr. Abraham D'Souza SVD	2
15	Maria Xavier	Akashdeep	Fr. Abraham D'Souza SVD	2
16	Valerie Mascarenhas	Our Lady of Nazareth	Fr. George Mepurath SVD	2
17	Rita Fernando	St. Dominic Savio	Fr. George Mepurath SVD	4
18	Sanket Nanal	Good Samaritan	Fr. P. David SVD	4
19	Susan Alvares	Christ the King	Fr. George Mepurath SVD	4
20	Shubra Mendonca	Dayasagar	Fr. Abraham D'Souza SVD	6
21	Lolita D'Souza	St. Paul's	Fr. John Mascarenhas SVD	6
22	Danica Fernandes	Prem Sagar	Fr. P. David SVD	6
23	Elvina Mascarenhas	Shantidaan	Fr. P. David SVD	7
24	Prakash Nazareth	Emmanuel	Fr. Thomas Malipurathu SVD	7
25	Austin Alva	Pavan Atma	Fr. P. David SVD	6
26	Alicia Menezes	St. Anne's	Fr. Thomas Malipurathu SVD	7
27	Jenita Traveso	Holy Trinity	Fr. John Mascarenhas SVD	2
28	Anil D'Souza	St. Joseph the Worker	Fr. George Mepurath SVD	4
29	Joy David	Our Lady of Rosary	Fr. Thomas Malipurathu SVD	5
30	John D'Souza	Shalom	Fr. Abraham D'Souza SVD	7
31	Sanya D'penha	Hosanna	Fr. John Mascarenhas SVD	6
32	Jude Zaccheus	Sacred Heart	Fr. George Mepurath SVD	3
33	Arun D'Souza	Yahweh's Clan	Fr. Abraham D'Souza SVD	5
34	Suketu Vijay Kumar	Mystical Rose	Fr. John Mascarenhas SVD	5
35	Trevor Rodricks	Genesis	Fr. Thomas Malipurathu SVD	7
36	Claudius Fernandes	St. Thomas the Apostle	Fr. P. David SVD	4

Parish Association Council (PAC)

1	Clergy Team	Fr. John Mascarenhas SVD	Parish Priest	
2		Fr. George Mepurath SVD	Co-Pastor	
3		Fr. Abraham D'Souza SVD	Co-Pastor	
4		Fr. P. David SVD	Co-Pastor	
5		Fr. Thomas Malipurathu SVD	Co-Pastor	
Sr.	Cells/Associations	Name of Head	Name of Asst. Head	Spiritual Director
1	Parish Pastoral Council	Joy David	Jude Zaccheus	Fr. John Mascarenhas SVD
2	Centre for Community Organisation (CCO)	Ida Quinny	Fatima D'Souza	Fr. John Mascarenhas SVD
3	Small Christian Community (SCC)	Daniel Fernandes	Rachel Noronha	Fr. John Mascarenhas SVD
4	Finance Committee	Jagdish Toppo	Jesse Monteiro	Fr. John Mascarenhas SVD
5	Community Welfare Fund	June Aguiar	Anupama Subodhan	Fr. John Mascarenhas SVD
6	St Vincent de Paul	Melissa Nazareth	Cynthia Pinto	Fr. Thomas Malipurathu SVD
7	Sunday School Pastoral Team	Std 1 to X	Nirmala Almeida	Loveleena Dsouza
		Confirmation	Josephine Fernandes	Charlotte Lobo
8	Parish Youth Animation Team	Jesse Monteiro	Natasha D'Souza	Fr. P. David SVD
9	Charismatic Renewal (English)	Belinda Menezes	Derick Fernandes	Fr. Abraham D'Souza SVD
10	Charismatic Renewal (Konkani)	Helen D'silva	Amelia Dsouza	Fr. Abraham D'Souza SVD
11	Missionary Families of Christ (English)	Vincent & Astrida D'Souza	Alex & Lolita D'Souza	Fr. George Mepurath SVD
12	"Ministers of Holy Communion"	Jennifer Nazareth	Alex D'souza	Fr. John Mascarenhas SVD
13	Usher's Group	Anella Quadros	Rosita Fernandes	Fr. P. David SVD
14	Liturgy Team	Anupama Subodhanan	Anil D'Souza	Fr. John Mascarenhas SVD
15	Lectors Cell	George Kidangan	Anella Quadros	Fr. Thomas Malipurathu SVD
16	Legion of Mary (Sr)	Zuleika Rodrigues	Louis Mascarenhas	Fr. Thomas Malipurathu SVD
17	Parish Bulletin	Sarita Almeida	Savio Rebello	Fr. P. David SVD / Clergy Team
18	Pre-Baptism Team	Agnelo Fernandes	Juliana D'Souza	Fr. George Mepurath SVD
19	Women's Cell	Shoba Nadar	to be elected	Fr. George Mepurath SVD
20	Health Cell	Arun D'souza	Shobha Nadar	Fr. P. David SVD
21	Bombay Catholic Sabha	Alex D'souza	Jeanette Castelino	Fr. George Mepurath SVD
22	Inter-Religious Dialogue Cell	Natasha Rodrigues	Theodore Noronha	Fr. Abraham D'Souza SVD
23	Senior Citizen	Candida Mendoza	Vanessa Miranda	Fr. George Mepurath SVD
24	Divine Mercy	To be elected	To be elected	Fr. Abraham D'Souza SVD
25	Bible Cell	Josephine Fernandes	Charlotte Lobo	Fr. Thomas Malipurathu SVD
26	Parish Youth Council	Sunny Fernandes	Johann Dsouza	Fr. P. David SVD
27	Altar Servers	Jenifa Fernandes	Pooja Chavan	Fr. John Mascarenhas SVD
28	Hope & Life Movement	Roma Francis	Bridget Noronha	Fr. Thomas Malipurathu SVD
29	Parish Website	Savio Rebello	Sarita Almeida	Fr. P. David SVD / Clergy Team
31	Parish Choirs - English	Conrad D'Sa		Fr. John Mascarenhas SVD
		Sylvester D'Silva		
		Osmond Pereira		
		Marian Fernandes / Jayesh George		
	Parish Choir - Konkani	Rosy Monis / (Asistants) Preetham D'souza & Anson Pereira		
	Parish Choir - Hindi	Vinod Waghmare		
	Parish Choir - Chidren	Giselle D'silva		

SCC Steering Committee 2026-2029

1	Clergy Team	Fr. John Mascarenhas SVD	Parish Priest	
2		Fr. George Mepurath SVD	Co-Pastor	
3		Fr. Abraham D'Souza SVD	Co-Pastor	
4		Fr. P. David SVD	Co-Pastor	
5		Fr. Thomas Malipurathu SVD	Co-Pastor	
1	SCC Co-ordinating Team	Daniel Fernandes	Parish SCC Co-ordinator	
2		Rachel Noronha	Assistant Co-ordinator	
3		Pooja Chavan	Assistant	
No.	Co-ordinator	Community	Spiritual Director	Area No.
1	Caroline Chettiar	Immaculate Conception	Fr. John Mascarenhas SVD	1
2	Jayesh George	Our Lady of Fatima	Fr. P. David SVD	3
3	Gretta Dsilva	Holy Cross	Fr. Abraham D'Souza SVD	3
4	Morisca Fernandes	Divya Jyoti	Fr. George Mepurath SVD	3
5	Natasha Rodrigues	St. Anthony	Fr. John Mascarenhas SVD	1
6	Jasmine Monteiro	Morning Star	Fr. P. David SVD	1
7	Daniel Fernandes	Good Shepherd	Fr. Abraham D'Souza SVD	1
8	Pooja Chavan	Infant Jesus	Fr. John Mascarenhas SVD	1
9	Agnelina Fernando	Divine Mercy	Fr. Abraham D'Souza SVD	3
10	Althia Trinidad	St.Theresa Of Child Jesus	Fr. George Mepurath SVD	5
11	Afra Coelho	Jeevan Jyoti	Fr. P. David SVD	5
12	Shirley Fernandes	Apostles of Christ	Fr. John Mascarenhas SVD	5
13	Aurelius D'Souza	Holy Family	Fr. George Mepurath SVD	2
14	TO BE ELECTED	Helpers of Jesus	Fr. Abraham D'Souza SVD	2
15	TO BE ELECTED	Akashdeep	Fr. Abraham D'Souza SVD	2
16	Freida Monteiro	Our Lady Of Nazareth	Fr. George Mepurath SVD	2
17	Sophie Pereira	St. Dominic Savio	Fr. George Mepurath SVD	4
18	Giselle D'Souza	Good Samaritan	Fr. P. David SVD	4
19	Christine More	Christ the King	Fr. George Mepurath SVD	4
20	Ashlyn Rodrigues	Daya Sagar	Fr. Abraham D'Souza SVD	6
21	Shobha Nadar	St. Paul's	Fr. John Mascarenhas SVD	6
22	Celine D'Souza	Prem Sagar	Fr. P. David SVD	6
23	Robert Pinto	Shantidaan	Fr. P. David SVD	7
24	Vandana Rebello	Emmanuel	Fr. Thomas Malipurathu SVD	7
25	Suma George	Pavan Atma	Fr. P. David SVD	6
26	Rosalia D'Souza	St. Anne's	Fr. Thomas Malipurathu SVD	7
27	Genevia Soares	Holy Trinity	Fr. John Mascarenhas SVD	2
28	Merlyn Anchan	St. Joseph the Worker	Fr. George Mepurath SVD	4
29	Shirley Fernandes	Our Lady of Rosary	Fr. Thomas Malipurathu SVD	5
30	Vincent D'Souza	Shalom	Fr. Abraham D'Souza SVD	7
31	Cheryl Pinto	Hosanna	Fr. John Mascarenhas SVD	6
32	Reena Mendonca	Sacred Heart	Fr. George Mepurath SVD	3
33	Monica Goveas	Yahweh's Clan	Fr. Abraham D'Souza SVD	5
34	Rachel Noronha	Mystical Rose	Fr. John Mascarenhas SVD	5
35	Aarti Travas	Genesis	Fr. Thomas Malipurathu SVD	7
36	Eurekha D Almeida	St. Thomas the Apostle	Fr. P. David SVD	4

Parish Youth Council (PYC) 2025 - 2027

Executive Committee Members		Area Youth Executives					
Name	Role	Name	Role	Name	Role	Name	Role
Sunny Fernandes	Vice-president	Soniya Noronha	Area 1 Executive	To Be Elected	Area 4 Executive	Shaurya Kantela	Area 7 Executive
Johann Dsouza	Secretary	Shawn Dsouza	Area 2 Executive	Aaron Mendonca	Area 5 Executive	Shania Rosario	Deanery Representative
Zenta Maria	Jt. Secretary	Franklin Pereira	Area 3 Executive	Glenn Noronha	Area 6 Executive	Aaron Fernandes	Deanery Representative

Com. No.	PYC Members	Community Name	Area	Com. No.	PYC Members	Community Name	Area
1	To Be Elected	Immaculate Conception	1	19	Joylann Ferrao	Christ the King	4
1	To Be Elected	Immaculate Conception	1	19	Savio More	Christ the King	4
2	To Be Elected	Our Lady of Fatima	3	20	Ashlyn Rodrigues	Daya Sagar	6
2	Jennica Jayesh	Our Lady of Fatima	3	20	Samuel Gomes	Daya Sagar	6
3	To Be Elected	Holy Cross	3	21	Shirley Chettiar	St Paul's	6
3	To Be Elected	Holy Cross	3	21	Evonne Abigail Dsouza	St Paul's	6
4	Sunny Fernandes	Divya Jyoti	3	22	Glenn Noronha	Prem Sagar	6
4	Joy Fernandes	Divya Jyoti	3	22	To Be Elected	Prem Sagar	6
5	Preeti Dsilva	St. Anthony's	1	23	To Be Elected	Shantidaan	7
5	To Be Elected	St. Anthony's	1	23	To Be Elected	Shantidaan	7
6	Soniya Noronha	Morning Star	1	24	Bancy Bansal Dsouza	Emmanuel	7
6	Alisha Puthran	Morning Star	1	24	Kimberly Nazareth	Emmanuel	7
7	Dejore Fernandes	Good Shepherd	1	25	Linden Marvin Baretto	Pavan Atma	6
7	Delano Fernandes	Good Shepherd	1	25	Rhea Ferreira	Pavan Atma	6
8	To Be Elected	Infant Jesus	1	26	Josef Menezes	St. Ann's	7
8	To Be Elected	Infant Jesus	1	26	Roni Xavier	St. Ann's	4
9	Samara Nazareth	Divine Mercy	3	27	To Be Elected	Holy Trinity	2
9	Alicia Pereira	Divine Mercy	3	27	To Be Elected	Holy Trinity	2
10	Sharona C. Trinidad	St. Theresa of Child Jesus	5	28	Nikolai Pereira	St. Joseph the worker	4
10	To Be Elected	St. Theresa of Child Jesus	5	28	To Be Elected	St. Joseph the worker	4
11	Aaron Mendonca	Jeevan Jyoti	5	29	Leon Dwayne Rebello	Our Lady of Rosary	5
11	Pearl Dsouza	Jeevan Jyoti	5	29	To Be Elected	Our Lady of Rosary	5
12	Seanna Dsouza	Apostles of Christ	5	30	Shaurya Kantela	Shalom	7
12	Sarah Mathias	Apostles of Christ	5	30	Nikita Jojo	Shalom	7
13	Raizel Muntode	Holy Family	2	31	To Be Elected	Hosanna	6
13	To Be Elected	Holy Family	2	31	To Be Elected	Hosanna	6
14	Royson Frederick Dmello	Helpers of Jesus	2	32	Franklin Pereira	Sacred Heart	3
14	To Be Elected	Helpers of Jesus	2	32	Aaron Fernandes	Sacred Heart	3
15	Johann Dsouza	Hosanna	2	33	Joel Rodrigues	Yahweh's Clan	5
15	Sarah Dsouza	Hosanna	2	33	Ryan Dlima	Yahweh's Clan	5
16	Shawn Dsouza	Our Lady of Nazareth	2	34	Arpana Lakra	Mystical Rose	5
16	Rian Gonsalves	Our Lady of Nazareth	2	34	To Be Elected	Mystical Rose	5
17	To Be Elected	St. Dominic Savio	4	35	Zenta Maria	Genesis	7
17	To Be Elected	St. Dominic Savio	4	35	Joel Lewis	Genesis	7
18	Michelle Durairaj	Good Samaritan	4	36	Dominic Pinto	St Thomas, the Apostle	4
18	Andre Alphonso	Good Samaritan	4	36	Lerissa D'almeida	St Thomas, the Apostle	4

Annual Calendar June 2026 to May 2027

Sacred Heart Parish, Andheri East					
Date(s)	Day(s)	Parish Life Event	Date(s)	Day(s)	Parish Life Event
7-Jun	Sun	The Most Holy Body and Blood of Our Lord Jesus Christ (Corpus Christi)	1-31 Oct	Thurs-Sat	ROSARY MONTH
7-Jun	Sun	Farewell and Thanksgiving Mass for Fr Edwin Vas SVD and Fr Lucas Parkhe SVD	1-Oct	Thurs	Feast of St. Therese of the Child Jesus and World Elders Day
11-13 Jun	Thurs-Sat	Triduum in preparation of Sacred Heart Feast	1-4 Oct	Thurs-Sun	Heart to Heart League (PYC)
14-Jun	Sun	Solemnity of the Most Sacred Heart of Jesus, Commissioning of PPC, Welcoming of Newly appointed Clergy Team and Sunday School Begins	2-3 Oct	Fri-Sat	Golden Games (Senior Citizens' Cell)
21-Jun	Sun	Commissioning of Ministers of Holy Communion and Catechists	2-Oct	Fri	The Holy Guardian Angels
21-29 Jun	Mon-Tue	Parish Novena of St. Anthony of Padua	4-Oct	Sun	Thanksgiving Sunday
27-Jun	Sat	Renewing Bonds (MFC)	7-Oct	Wed	Our Lady of the Rosary by Legion of Mary
28-Jun	Sun	Commissioning of SCC Co-ordinators & Orientation by Fr. Reuben Tellis for PPC Members	17-18 Oct	Sat-Sun	Mission Outreach
30-Jun	Tue	Parish Observance of Feast of St. Anthony of Padua	18-Oct	Sun	Mission Sunday
5-Jul	Sun	Faith Formation Sunday - Feast of St. Thomas, Apostle of India	24-Oct	Sat	Birthday of Fr. George Mepurath SVD and Fr. Thomas Malipurathu SVD
23-Jul	Thurs	Grand Parents Day Mass at 4.30 pm in the Church	25-Oct	Sun	Rosary Competition by Legion of Mary
26-Jul	Sun	Feast of Sts Joachim & Anne, Grand Parents / Parents Day 10 am Mass and Get together by Senior Citizens Cell; Celebration at Community Level and Visit to Home For the Aged by Parish Youth Council	1-Nov	Sun	All Saints
9-Aug	Sun	Vianney Sunday	2-Nov	Mon	All Souls Day
10-Aug	Sun	Visit to Campus Father's (PYC)	3-5 Nov	Tue-Thurs	Mass in the Cemetery for souls: 5.00 pm and 7.00 pm
15-Aug	Sat	The Assumption of the Blessed Virgin Mary and Independence Day, Flag hoisting (BCS)	5-13 Nov	Thurs-Fri	Novena dedicated to Sacred Heart of Jesus
16-Aug	Sun	Prison Ministry Sunday	14-15 Nov	Sat-Sun	Parish Day
22-Aug	Sat	Mass and Get-together for Special Children and Differently Abled Persons (MFC)	22-Nov	Sun	Our Lord Jesus Christ, The King of the Universe - Feast of Christ the King
23-Aug	Sun	Justice Sunday and Legion of Mary - Auxiliary Rally	24-Nov	Tue	Divine Mercy Recollection
30 Aug-7 Sep	Sun-Mon	Novena in preparation for Nativity of Our Lady	26-29 Nov	Thurs-Sun	Intra-Parish Fun Cricket by Parish Youth Council
31 Aug-2 Sep	Mon-Wed	Nativity Confessions 5:30 pm to 7.00 pm	3-Dec	Thurs	Feast of St. Francis Xavier Solemn Mass at 7.00 pm followed by procession
5-Sep	Sat	Teachers Day Celebrations	8-Dec	Tue	The Immaculate Conception of the Blessed Virgin Mary
8-Sep	Tue	Nativity of the Blessed Virgin Mary - Day of the Girl Child	12-13 Dec	Sat-Sun	Christmas Extravaganza
18-Sep	Fri	Birthday of Fr. P. David SVD	16-18 Dec	Wed-Fri	Advent Confessions
20-Sep	Sun	Mini Bible Quiz (Bible Cell)	19-Dec	Sat	Birthday of Fr. Abraham D'Souza SVD
27-Sep	Sun	World Day of Migrants	20-Dec	Sun	Christmas Float
29-Sep	Tue	The Feast of Archangels - Sts. Michael, Gabriel, Raphael	25-Dec	Fri	Christmas
			26-Dec	Sat	The Holy Family of Jesus, Mary and Joseph - Special Family Mass, 7.00 pm (Sunday Liturgy)
			27-Dec	Sun	The Holy Family of Jesus, Mary and Joseph
			28-Dec	Mon	The Holy Innocents Feast

Date(s)	Day(s)	Parish Life Event
1-Jan	Fri	Solemnity of Mary, The Holy Mother of God and NEW YEAR
10-Jan	Sun	The Baptism of the Lord
11-Jan	Mon	Birthday of Fr. John Mascarenhas SVD
12-14 Jan	Tue-Thurs	Triduum – Feast of St. Arnold
14-17 Jan	Thurs-Sun	Intra-Parish Rink Football (Parish Youth Council)
15-Jan	Fri	Feast of St. Arnold Janssen
17-Jan	Sun	All Associations Day
17-Jan	Sun	Special Mass for Students appearing for board exams (MFC)
21-24 Jan	Thurs-Sun	Inter-Parish Rink Football (Parish Youth Council)
24-Jan	Sun	Sacrament of Confirmation - 10.00 am Mass
26-Jan	Tue	Republic Day (IRDC)
31-Jan	Sun	First Holy Communion
2-Feb	Tue	The Presentation of the Lord
4-6 Feb	Thurs-Sat	Triduum – St Gonsalo Garcia - Patron Saint of Archdiocese
7-Feb	Sun	Feast of St Gonsalo Garcia
10-Feb	Wed	Ash Wednesday
11-Feb	Thurs	World Day of the Sick
14-Feb	Sun	World Marriage Day Celebration by MFC
15-Feb	Mon	House Blessing commences
20-21 Feb	Sat-Sun	Youth Retreat
19-21 Feb	Fri-Sun	Lenten Mission - English

Date(s)	Day(s)	Parish Life Event
26-28 Feb	Fri-Sun	Lenten Mission - Konkani
27-Feb	Sat	Taize by Parish Youth Council
7-Mar	Sun	Women's Day by Women Cell, Live Life by (MFC)
13-14 Mar	Sat-Sun	4th Lenten Walking Pilgrimage to Basilica of Mount Mary (PPC)
15-18 Mar	Mon-Thurs	Lenten Confession
19-Mar	Fri	St Joseph, Spouse of the BI Virgin Mary
21-Mar	Sun	Palm Sunday - Passion of the Lord, Procession at 8:15 AM
25-Mar	Thurs	Maundy Thursday: The Lord's Supper
26-Mar	Fri	Good Friday of the Lord's Passion
28-Mar	Sun	Easter Sunday - The Resurrection of the Lord
4-Apr	Sun	Feast of Divine Mercy 10.00 am Solemn Feast Mass (Divine Mercy Cell)
5-Apr	Mon	The Annunciation of the Lord
1-31 May	Sat- Mon	Rosary Month - Rosary by Religious Communities, Cells and Associations
1-May	Sat	St Joseph the worker - Labour Day by IRDC
7-15 May	Fri-Sat	Novena in Preparation for Pentecost
9-May	Sun	The Ascension of the Lord
16-May	Sun	Pentecost Sunday
23-May	Sun	The Most Holy Trinity
30-May	Sun	The Most Holy Body and Blood of Our Lord Jesus Christ (Corpus Christi)

For all final details of the above, kindly refer to the parish announcements.

Come Join Us

No.	Cell / Association	Day	Time	Venue
1	St. Vincent de Paul	Every Monday	6:00 pm to 9:00 pm	Room No. 1
2	Bible Cell	Every Tuesday	7:45 pm to 8:30 pm	Mini Hall
3	Charismatic Renewal (English) - Prayer meeting	Every Wednesday	6:00 pm to 8:30 pm	Canossa School Basement Hall
4	Charismatic Renewal (Konkani) - Intercession	Every Tuesday	6:00 pm to 6:45 pm	Community Centre
5	Charismatic Renewal (Konkani) - Prayer meeting	Every Thursday	7:30 pm to 9:00 pm	Community Centre
6	Hope and Life Movement	1st Thursday	5:00 pm onwards	Community Centre
7	Kids for Christ	4th Saturday	5:00 pm to 6:30 pm	Room No.3
8	Missionary families for Christ (English)	3rd Sunday	6:30 pm to 8:30 pm	Room No.3
9	Health Cell	2nd Thursday	7:45 pm onwards	Room No. 1
10	Bombay Catholic Sabha	Every 1st Monday	7:45 pm to 9 pm	Room No. 3
11	Inter-Religious Dialogue	Every 4th Saturday	8:00 pm to 9 pm	Room No. 3
12	Senior Citizen's Cell (Core Group)	1st Monday	4:30 pm to 6:30 pm	Community Centre
13	Senior Citizen's Cell Activity	2nd Monday	4:30 pm to 6:30 pm	Community Centre
14	Divine Mercy Cell	Monday preceeding last Friday of the month	7:45 pm to 8:30 pm	Hall next to the Sacristy
15	Legion of Mary (Senior)	Every Wednesday	7:30 pm to 9:00 pm	Room No. 1
16	Altar Servers	2nd and 4th Saturday	4:00 pm to 5:30 pm	Mini Hall
17	Women's Cell	Every 1st Tuesday	7:45 pm onwards	Room No. 1
18	Parish Choirs	Contact Choir Leader of the respective Choir		
19	Usher's Group	Contact Parish Fathers		
20	Lectors Cell	Follow Parish Announcements for the next training programme		



Vianney Sunday Celebrations

Inspiration from Saints

Saint Bartolo Longo: From Darkness to Holiness

Apostle of the Rosary

Feast day: October 5

Born: 10 February 1841

Saint Bartolo Longo is widely regarded as the patron saint of people ensnared by the occult, those seeking repentance and conversion, orphans, children of the imprisoned and the poor.

The life of Saint Bartolo Longo is one of the Catholic Church's most remarkable stories of conversion. His journey from involvement in occult practices and Satanism to becoming one of the greatest champions of the Rosary is a powerful reminder that God's grace can transform any life and that no one is beyond redemption.

Early years

Bartolo Longo, born into a devout, well-to-do Catholic family in Italy, received a strong religious upbringing from his parents. Young Longo excelled academically and later moved to Naples to study law at the university.

During this period, Italy underwent significant political and cultural changes. Anti-Catholic and anti-clerical ideas became increasingly popular among university students and intellectuals.

Immersed in this environment, Longo gradually abandoned the Catholic faith and became openly hostile toward monks, priests and the Pope.

Descent into Darkness

He became fascinated by spiritualism and occultism and even participated in satanic rituals. Gradually, his life began to spiral downward, giving rise to depression, paranoia and anxiety, while his physical health weakened due to the extreme fasting, which he took on as part of his occult practices.

A Life-Changing Conversion

Longo's turning point came when one of the faithful Catholics, Professor Vincenzo Pepe, refused to give up on him and introduced him to the Dominican priest, Father Alberto Radente, who patiently guided Longo back to the Catholic faith through confession, prayer and spiritual formation.

Longo returned to the sacraments and completely changed his ways, surrounding himself with Catholics, performing works of mercy and becoming a Third Order Dominican.

The Valley of Pompeii

Longo returned to the Catholic faith, yet struggled to forgive himself, doubting if God could ever forgive his past. A major defining shift occurred while walking through the Valley of Pompeii, where he had travelled on business as a lawyer. The valley's physical poverty and spiritual desolation struck him deeply as many of the local people were indifferent to religion, while others had become entangled in the same spiritualist practices from which he had recently escaped.

Burdened by guilt over his former life and affected by the desolation of the Valley of



Pompeii, Longo found himself in despair until an inner voice said: ***"If you seek salvation, spread the Rosary. One who propagates my Rosary shall be saved."***

Recognizing this as a call from God through the Blessed Mother, Longo dedicated his life to spreading devotion to the Rosary, seeing it as the mission through which he would atone for his past and lead others closer to Christ.

The Shrine of Our Lady of the Rosary

As devotion to the Rosary spread throughout Pompeii, Longo organized the construction of a Church dedicated to Our Lady of the Rosary.

The construction of the shrine began in 1876 and continued for many years, eventually becoming one of the world's most important Marian pilgrimage sites. Today, the Basilica of Our Lady of the Rosary of Pompeii welcomes millions of visitors annually and stands as a lasting symbol of Longo's faith and perseverance.

Charity in Action

Together with his wife, Marianna De Fusco, who shared his deep Marian devotion and passion for the poor, he founded numerous charitable institutions that transformed the lives of countless people.

His works included schools for poor children, homes for orphans, vocational training centres, housing for workers, educational institutions for the children of prisoners and printing presses that produced affordable religious books and Rosary materials.

One of his most compassionate initiatives focused on the children of imprisoned parents who often faced discrimination and extreme poverty in nineteenth-century Italy. Longo sought to provide them with education, dignity and hope. Bartolo Longo was nominated for the Nobel Peace Prize twice, in 1902 and 1903. He received these nominations for his massive international petition drive for world peace and humanitarian work in Pompeii, Italy.

Apostle of the Rosary

Longo is remembered above all as the "Apostle of the Rosary." He wrote numerous books and pamphlets explaining the Rosary's spiritual significance and encouraging families to pray together. His writings inspired Pope John Paul II to introduce the Luminous Mysteries of the Rosary, highlighting Jesus' public ministry.

Longo also promoted the famous Supplication to Our Lady of Pompeii, prayed worldwide every year on 8 May and the first Sunday of October.

Beatification and Canonization

He died peacefully in Pompeii on 5 October 1926, after decades devoted to prayer, charity and Marian devotion.

Bartolo was declared Blessed on October 26, 1980, by Pope John Paul II, who titled him the ***"Apostle of the Rosary"***. Pope Francis approved the affirmative vote for his canonization on February 25, 2025. He was officially canonized on October 19, 2025, in St. Peter's Square at the Vatican by Pope Leo XIV.

Nearly a century after his death, Saint Bartolo Longo's legacy continues to inspire millions around the world. Through the Shrine of Pompeii, his works of charity and his enduring devotion to the Rosary, he reminds us that true holiness is found not in a perfect past, but in a life surrendered to God and dedicated to the service of others.

Parish Vision Mission Statement

Vibrant with the Spirit of the Risen Lord, towards a community of deeper faith, worship, love and service



Orientation for the PPC by Fr. Reuben Tellis



Annual Day Celebrations of St. Anne's Community No. 26



Parish Youth Picnic at Magnum Resort, Virar



Youth Celebrating Grandparents Day at an Old Age Home



Basic Life Support and CPR Session organised by Parish Youth



Senior Citizens Cell Celebrating our Parents and Grandparents