



Heart to Heart

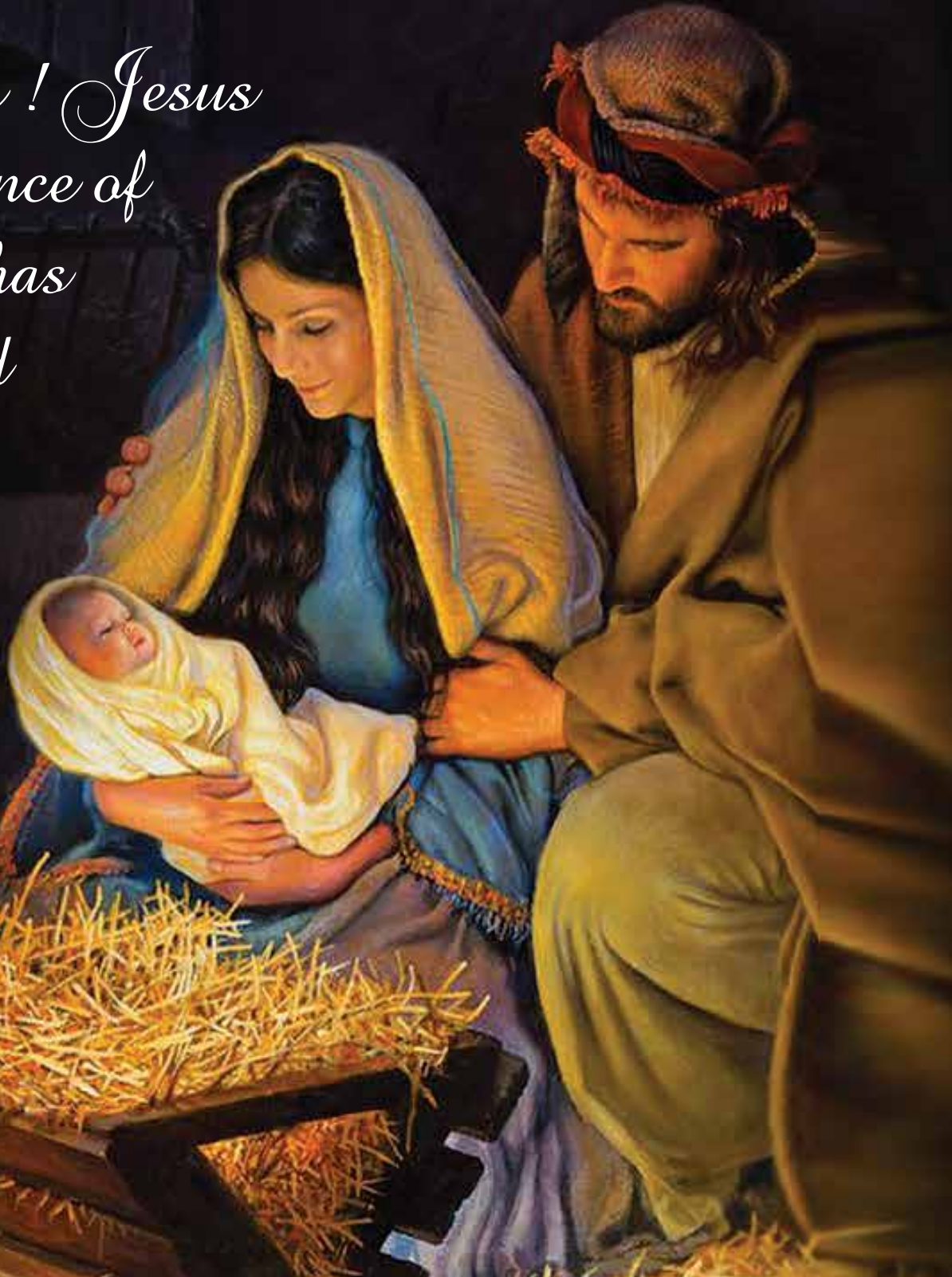
Bulletin of Sacred Heart Parish, Andheri (E)

Volume XX No. 66

December 2016

For Private Circulation Only

*Rejoice! Jesus
the Prince of
Peace has
Arrived*



Our Regular Programme

SUNDAY MASSES

Morning

6:30 am (English Mass)
 7:30 am (Konkani Mass)
 8:45 am (Parish Mass)
 10:00 am (Children's Mass in the Church)
 10:00 am (English Mass in the Community Hall)

Evening

4:15 pm (Hindi Mass)
 5:30 pm (English Mass)

Weekday Masses:

6:30 am, 7:30 am and 7:00 pm

Wednesday

Novena to Our Lady of Perpetual Succour after all Masses

Thursday

Holy Hour: 6:00 pm to 6:45 pm (Except Thursdays before 1st Friday of the month)

First Friday:

Holy Hour 6:00 pm to 6:45 pm

Fourth Friday:

Intercession through the Divine Mercy Chaplet at 7:30 pm in the Church

Catechism for Children:

From 8:45 am to 9:45 am every Sunday

Confessions:

Weekday 6:30 pm and Saturday 6:00 pm to 7:00 pm

Baptism:

2nd and 4th Sundays at 11:00 am

Pre-nuptial Enquiry:

By Appointment

Wedding Mass Timings:

Monday to Saturday
 Disparity of Cult and Mixed Marriage: 3:00 pm
 Catholic Weddings: 5:00 pm
 All Thursdays and First Fridays: 4:30 pm
 Sunday: 5:30 pm (Scheduled Mass)

Sick Calls:

At any time

Centre for Community Org., (Tel: 28269326)

Mon, Wed, Fri (10 am to 12 Noon)
 Tuesday, Thursday (6 pm to 8 pm),
 Saturday and Sunday-Closed.

Parish Office hours

9:00 am to 12:30 pm (Mon to Sat)
 4:30 pm to 8:00 pm (Mon to Fri)
 4:30 pm to 7:00 pm (Sat)
 Tel: 28362110, 28202087
 e-mail: h2h.bulletin@gmail.com
 Website: www.sacredheartandheri.net

For Additional Details, kindly refer to the Parish Weekly announcements.

FORTHCOMING EVENTS AND LITURGICAL FEASTS/MEMORIALS

19 th - 21 st Dec	Mon - Wed	Advent Confessions (Morning - 7.00 am to 7.30 am & 8.00 am to 9.00 am; Evening - 6.00 pm to 7.00 pm & 7.30 pm to 9.00 pm)
22 nd Dec	Thurs	Carol Festival
24 th Dec	Sat	Christmas Eve Carol Singing - 9.15 pm Vigil Mass - 10.00 pm
25 th Dec	Sun	Christmas Konkani Mass - 7.30 am English Mass - 8.45 am & 10.00 am No Evening Mass
26 th Dec	Mon	Feast of St. Stephen, Martyr
27 th Dec	Tue	Feast of St. John, Apostle and Evangelist
28 th Dec	Wed	Feast of Holy Innocents - Blessing of Children
31 st Dec	Sat	New Year's Eve Thanksgiving Holy Hour - 9.00 pm Holy Eucharist - 10.00 pm
1 st Jan	Sun	Solemnity - Mary, Mother of God Konkani Mass - 7.30 am English Mass - 8.45 am & 10.00 am No Evening Mass
2 nd Jan	Mon	Memorial - Sts. Basil the Great and Gregory Nazianzen, Bishop & Doctor
4 th Jan	Wed	Memorial - St. Elizabeth Ann Seaton, Religious
5 th Jan	Thurs	Memorial - St. John Neumann, Priest
9 th Jan	Mon	Feast - Baptism of the Lord
11 th - 13 th Jan	Wed to Fri	Triduum in preparation for the feast of St. Arnold Janssen
15 th Jan	Sun	Feast of St. Arnold Janssen
17 th Jan	Tue	Memorial - St. Antony, Abbot
21 st Jan	Sat	Memorial - St. Agnes, Virgin & Martyr
22 nd Jan	Sun	All Associations day
24 th Jan	Tue	Memorial St. Francis de Sales, Bishop & Doctor
25 th Jan	Wed	Feast - Conversion of St. Paul
26 th Jan	Thurs	Republic day; Memorial of Sts. Timothy & Titus, Bishop
28 th Jan	Sat	Memorial - St. Thomas Aquinas, Priest & Doctor
29 th Jan	Sun	Dream Big 2
31 st Jan	Tue	Memorial - St. John Bosco, Priest
2 nd Feb	Thurs	Feast - Presentation of the Lord
6 th Feb	Mon	Memorial - St. Paul Mikki and Companians, Martyrs
10 th Feb	Fri	Memorial - St. Scholastica, Virgin
11 th Feb	Sat	World Day of the Sick (Health Cell)
12 th Feb	Sun	Couples Day (Family Cell)
14 th Feb	Tue	Memorial - Sts. Cyril, monk, and Methodius, Bishop
22 nd Feb	Wed	Feast - Chair of St. Peter
23 rd Feb	Thurs	Memorial - St. Polycarp, Bishop & Martyr
26 th Feb	Sun	Bible Sunday
1 st Mar	Wed	Ash Wednesday
12 th Mar	Sun	Women's day Celebration (Women Cell)
13 th - 15 th Mar	Mon to Wed	Konkani Missions
21 st - 24 th Mar	Tue to Fri	English Missions
5 th - 7 th Apr	Wed to Fri	Lenten Confessions

My dear parishioners,

"Glory to God in the highest, and on earth, peace and goodwill toward all!" (Luke 2: 14)

We rejoice today because **Jesus, the Prince of Peace** has arrived!

Christmas is the time of great rejoicing, because it reminds us that Jesus, the Messiah and the Prince of Peace was born on this day, in fulfillment of prophet Isaiah's prophecy about the coming of the Messiah; *"For a Child has been born for us, a Son given to us; authority rests upon His shoulders; and He is named Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace."* (Is 9:6). Everyone feels joyful to celebrate the birthday of Jesus, their Prince of Peace. Homes are cleaned and decorated; children experience sheer joy and excitement at the thought of donning new clothes and feasting on an array of sweets. Family members try to come together to celebrate it as a family feast.

One of the most heartwarming aspects of the Christmas season is its encouraging promise of peace. Peace is a recurring theme in the nativity story. The prophet Isaiah (in Chapter 9), speaks of a resounding peace that comes amid the vivid imagery of the boots of tramping warriors and battle garments rolled in blood all of which will be burned as fuel for the fire to usher in the 'One' who will be known as the **'Prince of Peace'**. According to Luke, a multitude of the heavenly hosts, the ones who appeared to the shepherds that night of Jesus' birth, sang of *"Peace on earth, good will to all."* (Lk 2:14) And our favorite carols pick up the theme as well: *Silent night, holy night. All is calm all is bright, round your virgin mother and child. Holy Infant so tender and mild. Sleep in heavenly peace. Sleep in heavenly peace.* Somehow, the image of a newborn child and our longing for peace go hand in hand. Baby Jesus, lying in a manger, offers us a symbol of peace and calm that speaks to our soul, especially when you consider what a chaotic and warring time we live in.

Looking at the reality around us, one may ask why Jesus came into this world? What did He bring? Our Lord came into this world as the **Prince of Peace**. He wanted to establish the kingdom of peace and love. But has the world accepted the peace which Christ brought at His birth? It is more than 2000 years since Christ came into this world. Yet we do not find complete peace in the world. Every day we hear about nations fighting against nations, one state against another and one

community against the other. Terrorists are attacking institutions and people. Some families have lost peace among themselves. If Christ's intention was to establish peace on earth, then why do all these wars and quarrels take place? Has Christ failed to keep His promise? No. The fault lies with us. Christ's peace is not independent of our free co-operation. Some people withhold that co-operation. They have lost the sense of human value. They go to find peace in ways other than the ways of the Gospels. They have forgotten that one cannot find peace except in Christ and His Gospels.

High in the Andes mountains is an enormous statue of Christ known as *El Cristo de los Andes* (The Christ of the Andes). It sits right on the border dividing Argentina from Chile, and was built to commemorate the resolution of the boundary differences that had more than once threatened peaceful relationships between the two nations. As long as the statue stands, the nations have pledged there will be peace between Argentina and Chile. And so **"Christ of the Andes"** stands 14,000 feet above sea level, with one hand holding a cross and the other hand held up as though providing a blessing. The Christ of the Andes statue reminds us that Christ offers peace and reconciliation to those who are at war with God and to those at war with each other, and that in effect, we are all like the people of Argentina and Chile, we all need Christ watching over us.

In the midst of our joyful celebrations, however, we cannot forget either the harshness of the circumstances into which Jesus was born, or the painful and tragic experiences our own world faces at this time. What shall we do then? Shall we join the cynics of the world and complain that all our joyful celebration today is a mere flight from harsh reality into warm fantasy? No. Rather, we accept the challenge which the birth of our Savior poses to us, namely, we will resolve to continue His work by making our personal contribution to the task of healing brokenness, by fostering peace and harmony in human relationships, by offering forgiveness to our offenders, tolerance to our opponents and by bringing in a little light and joy into the darkness, confusion, and sadness to the world we know.

Let us then ask Jesus to give us His peace, so that we can break the shell of unforgiveness in our hearts and be reconciled with one another in peace.

I wish each one of you a very happy Christmas. May Jesus live in your hearts and in your families, and shower you with His Peace and Love!

**- Fr. Lawrence Correa SVD
Parish Priest**

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Rejoice! Jesus, The Prince Of Peace Has Arrived

The prophet Isaiah announced to the people of Israel in 750 BC : *"A child is born to us. A son is given to us. He will be our ruler... the Prince of Peace"* (Is 9:6). He proclaimed that the Messiah would come with a specific mission; a mission to liberate people from their bondage, from all kinds of slaveries. He would accomplish His mission through the power of God. Isaiah's prophecy came true in the mystery of Incarnation, when the WORD became flesh in JESUS.

Jesus also began His ministry with an appeal for conversion: "The time has come. The Kingdom of God is near. Turn away from your sins and believe the Good News" (Mk 1:15). He came to bring salvation to humanity. Later during His public ministry, Jesus explained to John the Baptist's disciples what His mission consisted of. *"Go and tell John what you hear and see; the blind regain their sight, the lame walk, lepers are cleansed, the deaf hear, the dead are raised, and the poor have the good news proclaimed to them"* (Mt 11:4-5). These are the visible signs of the invisible Kingdom. The core of Jesus' message is: **Kingdom of God, Abba and the Cross.**

Do we really need Jesus today? If yes, how badly do we need Him? No one can ignore the fact that the world we are living in today is not necessarily better and safer than the one Jesus lived in. This age, undoubtedly, needs Jesus, the Prince of Peace, more than ever before. We live in the age of extreme poverty and hunger, religious fanaticism and fundamentalism, environmental pollution, to mention a few. Above all, the human race has the deadly nuclear weapons that can annihilate itself and the planet. Even in the midst of this evil malady, Jesus remains the model of peace for the world.

Jesus preached the gospel of peace. At His birth there was with the angel a multitude of heavenly host praising God saying, *"Glory to God in the highest heaven, and on earth peace among those whom He favours"* (Lk 2:13 -15). Jesus was the human face of God among the people, He was the visible sign of the invisible Kingdom in the world. The majority of His contemporaries failed to recognize and accept Him.



We need to highlight a few characteristics of Jesus' mission and of His life so as to know the real person of Jesus, as a Prince of Peace.

The Prince of Peace was born

poor: "...She wrapped Him in swaddling clothes, laid Him in a manger, because there was no room for them in the inn." (Lk 2:7) He had no place to rest His head (Mt 8:20). He lived on charity. Finally, He was laid in a borrowed tomb. Although born and lived poor, Jesus enriched the lives of billions. Being poor, He was able to make a difference in the lives of those who opened their hearts to Him. Jesus, though poor, gave of Himself until He emptied Himself.

The Prince of Peace was humble: "...He poured water into a basin...washed the disciples' feet, and wiped them" (Jn 13:5). Believe it or not, it takes strength to be humble, arrogance is a sign of weakness. Jesus revealed His secret: *"Blessed are the meek, for they shall inherit the earth"* (Mt 5:5). Humility is the legacy Jesus handed over to His disciples. He made it clear, *"I came to serve, not to be served"* (Mt 20:28). *"A disciple is not greater than his master"* (Jn 13:16).

The Prince of Peace was Compassionate: Jesus identified Himself with the poor and downtrodden. He became an outcast by choice. His compassionate heart compelled Him to reach out to His suffering brethren in their pain or sorrow, without counting the cost. *"He was moved with compassion for the crowds and He healed the sick"* (Mt 14:14). *"He was moved with compassion because they were distressed and dejected like sheep without a shepherd"* (Mt 9:36). *"He was moved with compassion by the plight and the tears of the widow of Nain."* (Lk 7:13). He had compassion on a leper (Mk 1:41), on two blind men (Mt 20:34) and on those who had nothing to eat (Mk 8:2). Throughout the four gospels even when the word is not used, we can feel the movement of compassion. His one and only motive for healing people was compassion. However, it was not that Jesus commanded and the people were healed instantly. It was rather the faith that the people had in the compassionate God that healed them. Jesus awakened the people to the fact that God was actively and personally involved in their struggles of life through the person of Jesus. Over and over again Jesus says to people, *"Don't cry"*, *"Don't worry"*, *"Don't be afraid"*. Compassion was the soothing oil Jesus used to heal the wounds of the people.

The Prince of Peace Forgave Unconditionally : Forgiveness was the sword Jesus used to fight hatred and revenge in the human heart. He replaced eye for an eye with turn the other cheek. Jesus' relationship with His father was deep-rooted. He was able to bypass the Mosaic Law and replace it with His own. Jesus set the example during His crucifixion: *"Forgive them Father, they do not know what they do"* (Lk 23:34). Despite having justifiable reasons to be angry, bitter and resentful, He chose the high road of forgiveness. Forgiveness was Jesus' *mantra!* There is no place for anger in the heart that loves peace.

The Prince of Peace was Passionate: *"Jesus went into the temple and drove out all those who bought and sold in the temple"* (Mt 21:12). Why was this amiable Jesus so upset and angry? Because He couldn't stand the sight of God's temple being desecrated; there was abundance of worship in the temple but without reverence. Life without passion is a life without meaning.

The Prince of Peace Prayed: Prayer was an important part of Jesus' life; it was His lifeline. He prayed often, in solitude. The source of His strength was His heavenly father whose voice

He listened to in prayer. The best and the greatest prayer that came from His mouth/heart was from the cross: *"Father, forgive them, they know not what they do"* (Lk 23:34). A praying heart is a peaceful heart.

The Prince of Peace Served: *"The Son of man did not come to be served but to serve"* (Mk 10:45). Jesus had the power to heal and He healed. He had the mandate to teach and He taught. He had a heart to love and he loved. He had the desire to serve and He served. His mission was to serve because He knew that service is the highest form of living. He was born, lived, and died for others.

The Prince of Peace Suffered and Died: Jesus, incarnate as man, suffered many things including the most painful and humiliating death on the cross. Jesus laid down the condition to those who desired to follow Him: *"And whoever does not bear His cross and come after Me cannot be My disciple"* (Lk 14:27). God does not grant us a divine exemption from pain, sorrow and heartache. He gives us a divine grace to bear it.

"Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat, but if it dies, it produces much fruit" (Jn 12:24). Jesus savored the sweet and bitter side of human life. The One who came to give life to the world had to die! The Prince of peace lived in peace and died in peace. The Centurion saw Him dying in peace, serenity and dignity and He recognized Him as Son of God.

The Prince of Peace Rose Again And He Lives: Christian faith is based on the Resurrection of Jesus. St. Paul affirms it, *"If Christ has not been raised, then our preaching is in vain and your faith is in vain"* (1 Cor 15:4).

We must look up to Jesus the Prince of peace! We must keep our eyes fixed on the One who touches the lame, the leper, the crippled and the blind; the One who speaks the words of forgiveness; the One who dies alone, rejected and despised. We must keep our eyes fixed on Him who becomes poor with the poor, weak with the weak, and who is rejected with the rejected. He and He alone is the source of all peace, for me, you and the world.

Fr. John Serrao SVD

CCO ON THE MOVE

As we gear ourselves to bid goodbye to 2016, we thank our Almighty God for His blessings on the work that the **Centre for Community Organisation (CCO)** performs through its various activities. We would like to place before you the activities carried out in the last quarter of this year.

The **Parish Association Council (PAC)**, held a meeting on 22nd September 2016, for all heads of Associations, Cells, Groups and Communities.

The **Federation of Centres for Community Organizations (FCCO)**, had their annual recollection at St. Pius X College, Goregaon, on 20th September, 2016. The meeting was attended by Ida Quinny and Antonette D'Sa. It was conducted by Fr. Lancy D'Souza. The speaker was retired Professor Ram Punyani, of IIT, Mumbai. The topic was on violence and how it impacts the fabric of a country, economically, politically, socially, etc.

The **Society of St. Vincent de Paul (SVP)**, celebrated 30 years of service in our parish by organizing an Awareness Week from 17th to 27th September, to honour the patron, St. Vincent de Paul. Their annual day was celebrated on 24th September, with Mass at 6.30 pm, followed by a get together for all the families whom they help.

The **Senior Citizen's Cell**, organized a trip to Karjat on 13th September to the Shrine of Our Lady of Fatima, for the seniors of our parish. On 1st October, they celebrated World Elders Day, with the Eucharist, followed by a get together.

A **Laitry Training Program** was conducted by Office of Lay Collaboration Ministry (OLCM), for the members of all Associations and Cells of our parish, on 3rd October 2016. The topic was 'Hierarchical and Charismatic gifts'. The speakers were Reuben Fronteiro and Anthony Correa.

The Lord did not come to make a display. He came to heal and to teach suffering men. For one who wanted to make a display the thing would have been just to appear and dazzle the beholders. But for Him Who came to heal and to teach the way was not merely to dwell here, but to put Himself at the disposal of those who needed Him, and to be manifested according as they could bear it, not vitiating the value of the Divine appearing by exceeding their capacity to receive it.

- St. Athanasius of Alexandria

The **Parish Youth Council (PYC)**, organized 'ZEAL 2016', a fun-filled evening on 23rd October, 2016. The theme was "REEL TO REAL", on Church grounds from 6.30 pm onwards, for the youth of our parish, in the age group of 15 to 25 years.

The **Legion of Mary**, conducted a Rosary-making competition on 30th October. 20 communities, associations and cells participated in this competition.

The **CCO** has forwarded 63 forms to the Benevolent Fund from June 2016 till date, in order to help our needy parishioners to get financial aid from the Community Welfare Fund for education, medical and housing. Many have also benefited from the help extended by the CCO, in obtaining jobs especially as domestic and housekeeping staff.

With the help of Mr. Anthony Chettiar, the CCO has registered 13 girl students for the Maulana Azad Scholarship. Anthony, who is a parishioner of St. Jude parish, Jeri Meri - Kurla, has been helping our parish since the last couple of years for obtaining scholarships for our girl students. We are grateful and thank him for his valuable time and efforts he renders to our parish.

We have registered a number of eligible singles, both boys and girls for our 'Matrimonials' belonging to our parish and also other parishes.

All Associations and Cells are functioning well. The Dental and the Homeopathy clinics are doing well.

During the upcoming Christmas season, we pray, that Jesus, the Prince of Peace, light up our lives so that we may in turn light up the lives of others and walk on the path of peace and joy as we usher in the New Year.



Ida Quinny
CCO Co-ordinator

UNBOXED ZINDAGI



Born and brought up in Goa, completed her education in Mumbai, worked for a solicitor, her first and last job, married a non-catholic businessman, a mother at the age of 22 and since then a homemaker. This is **Maria Nanal**. She lives at *Sher-e-Punjab* and belongs to the Good Samaritan Community No. 18 and is currently their SCC coordinator. An active member of the Society of St. Vincent de Paul Association of our Parish since 2007 and at present heads the parish unit for the last two terms which will end in March 2017. She is all set and ready to pass on the baton to the next president. A cheerful and dynamic lady, she is also actively involved as an animator in the Confirmation team, helping out for nearly 9 years.

Recognized for her values of obedience, respect to authority, commitment and dedication, Maria cherishes her service to the poor and needy of the parish through the Society of St. Vincent de Paul. She says it keeps her going and gives her an immense sense of joy and satisfaction. Life for her pretty much revolves around her home and the parish, her 'second home' as she fondly calls it. Thanks to her late husband, who respected and encouraged her to be the person that she is today.

LIFE – A Blessing

'Life is a blessing although a rollercoaster ride' says Maria with a lot of confidence. It was never ever easy for her. There were struggles and challenges, joys and opportunities but blessings continued to flow each day as she boldly faced all that life has thrown at her. *"The BETTER and BITTER experiences have made me tough with a strong will to face the various weather changes in life"* she quips.

I Owe My Life To Jesus – My Rock

Ask her how life keeps her going and she has this to say *"Utmost faith and trust in God and prayers allow me to keep on going each and every day with a smile. Whenever I come across a difficult moment or an unexpected hurdle I lift it up to the Almighty for HIS guidance and protection. HE leads me to people who help me to see beyond the difficulties and hurdles and fight them with full gusto. And these very people have become a part of my life. I owe my life to Jesus, my rock on whom I stand firm."*

*“
Lord make me an instrument of Thy peace, Where there is
hatred let me sow love.*

- St. Francis of Assisi

Significant Life Turning Events

Maria owes a great debt of gratefulness to Fr. Cyprian Lewis SVD and Fr. Innocent Fernandes SVD who gave her a listening ear and blessed her marriage. This was one of the first life changing events in her life, where she says her life turned and it turned for the best, as many blessing followed thereafter.

The second event Maria recalls is when her husband was diagnosed suffering from the last stage of lung cancer. While he was admitted at the Holy Spirit Hospital, he had a vision of him walking in a dark dimly lit tunnel to find Mother Mary holding a child on her lap in a bright dazzling light at the end of the tunnel. This vision moved him greatly and he expressed a desire to convert to Christianity. Fr. Cyprian willingly administered all the 3 Sacraments of Initiation to him in their home on 4th November 2007. This was a wonderful gift and a time of grace for Maria, as her prayers were answered. Since then life for Maria has become more beautiful than what it was, surrounded with a whole new feeling of happiness and joy that she never experienced before. Life seemed to be back on track with Jesus. The cancer seemed to be a blessing. Sorrow turned to joy and her husband never experienced pain thereafter and passed away peacefully to his heavenly abode.

Never Ignore People – A Lesson For Life

Maria recalls an incident which taught her a life lesson. Around the age of 10, while she and her younger brother were playing, they were running in and around the house, their ailing grandfather was trying to catch her attention by striking his walking stick on the bed. Absorbed in the game she ignored his repeated calls and later heard her mother crying that grandfather had passed away. This incident left her disturbed and guilt ridden. Although she did not tell her mother about it, she promised herself to never again ignore people in distress and need.

Give Your Best Shot – A Message to Our Readers

Do not stop. Walk the extra mile in His vineyard for the people. Be joyful and rejoice in HIM in all situations. Do not fear, for He is our refuge and our strength. Give your best shot, for you LIVE but once. So, *“Trust the past to the mercy of God, the present to His Love and the future to His Providence”* (St. Augustine).

Maria Nanal
Interviewed by Sr. Nathalia D'souza SSps

Jesus did not bring hatred, He did not bring hostility, He brought us love! A love that saves!

- Pope Francis

Peace is not merely the absence of war. Nor can it be reduced solely to the maintenance of a balance of power between enemies. Nor is it brought about by dictatorship. Instead, it is rightly and appropriately called “an enterprise of justice” (Is. 32:7). Peace results from that harmony built into human society by its Divine Founder, and actualized by men as they thirst after ever greater justice.

- Pope Paul VI

CALLED TO BE CHANNELS OF GOD'S MERCY

12th and 13th November witnessed the annual revelry of Parish Day Celebrations with **'Be a Channel of God's Mercy'**, as the theme of the event this year.

Day 1 - The Eucharist celebrated by Fr. Infant Vinodh SVD, was offered for the intentions of all the families of our parish. The liturgy was meaningfully organised by the Animators of our Small Christian Communities (SCC). With dusk setting in, the well-lit parish grounds sparkled with an eager audience in attendance, for an evening of fun and entertainment. Titus Pereira and Sharon Pinto, SCC animators, were the comperes for the evening. They entertained the audiences in their own unique styles and the impromptu digs at each other in between the acts, had the parishioners in good humour throughout!

The program commenced with a prayer dance *'Boond boond, milke bane sagar'* by Glory Arokiam and troupe, reminding us of God's unlimited mercy. *'The Ultimate Sacrifice'*, a shadow act, by Area 2 paid a tribute to the armed forces of our country. Scenes of proposal, courtship up until the wedding celebration were recreated on stage by Area 5 through their *'3 G Musical Madness'*. *'Walk of Hope'* catechised us on the Corporal Acts of Mercy. As the evening progressed, there was more of music and melody. Area 7's skit *'Old Music Charm'* and the Parish Youth's band played *'Rege Harmony'*. The skit *'Making the Right Choice'* by Area 4, had a message for the youth of our parish. *'Voice of My Soul'* a musical by Area 3, highlighted issues faced by women. *'Moved by Mercy'*, a musical by Area 1 reminded us of God's merciful ways and how He is ever present in us even when we are deep into sin. Adding to the evening's delight was also a hip hop act by the youth of Area 6 and a dance by the Altar Servers, choreographed by our very own Fr. Infant SVD. Hats off to all participants, who not only performed par excellence but were successful in driving home the message of the evening!

The Cafeteria was another 'happening' zone throughout the evening serving delectable dishes, wonderful in taste and aroma.

Towards the end of the evening, Fr. Innocent Fernandes SVD, Spiritual Director of the SCCs took to the stage. In his imitable style, he had warm words of appreciation for all the participants representing our SCCs and thanked the dedicated and hardworking SCC Project Team, who very ably organised the evening's programs and he rightly called it an evening of an

'Explosion of Talent' of our parishioners across all age groups. Fr. Lawrence Correa SVD, our parish priest was also profuse in his compliments and commended all those involved in making the evening a huge success.

Day 2 - The Thanksgiving Eucharist had His lordship Bishop Percival Fernandez as the main celebrant. In his homily, the Bishop reminded us that by our Baptism, each one of us is bound to be a reflection of Jesus. Bishop Percy quoted Mahatma Gandhi, *"If Christians lived like Christ, the whole world will be Christians"*. He added: Begin to be Christ like. Let people say what they said about the first Christians, *"see how they love one other"*. Let your parish be an example for the neighborhood and for the Archdiocese. The mix of vernacular languages, added meaning to the liturgy.

Joseph Chettiar was the compere for the evening! His unique biblical riddles kept the entertainment quotient high among the audience. Performances on Day 2 were by the Associations, Cells and the Parish Council members. The performers from Sangeet Abhinay Academy set the tone for the evening's program, by their prayer dance performance, reflecting gratitude towards God's mercy. The impeccable performances in the skit put up by the Inter Religious Dialogue Cell drove home the message of unity in diversity and won a huge applause from the audience. *Bihu* dance by the Holy Spirit Hospital Nursing Students, dance by the Altar Servers, *Koli* dance by the Fatima Mata Pre-Novices and Fatima Ashray girls were the other performances of the evening. The Parish Pastoral Council (PPC) members added humour with their skit on train travel. Finally, the Youth Gospel band took over the stage and also continued singing for the Jam Session which had many grooving to the foot tapping music. Both the evenings were embellished with plenty of spot prizes.

After a formal Vote of Thanks by Fr. Lawrence Correa SVD, appreciating all those parishioners who put in the hard work and dedication to make parish day celebration a grand success, the dinner counters were declared open with approximately 2750 parishioners partaking joyously of the delicious family meal.

The parishioners truly enjoyed two wonderful evenings of fun and fellowship with family and friends.

Sarita Almeida
Shalom, Community No. 30



BIBLE QUIZ NO. 2016-04



III) UNSCRAMBLE THE FOLLOWING WORDS AND IDENTIFY THE SCRIPTURE VERSE- MENTION THE BOOK, CHAPTER AND VERSE

"HICHW PPEELO LLIW SNWE I ONTD EEHR OJY IAARDF ODOG OT LAL MA HET TEGAR UOY EB HIWT ORF NRBGI" (_____)"

I) FIND THE WORDS GIVEN BELOW AND CIRCLE THEM IN THE CROSSWORD. THEY CAN BE IN ANY DIRECTION AND EVEN BACKWARDS.

F	L	C	H	R	I	S	T	M	A	S	F
Q	R	M	N	X	G	A	B	R	I	E	L
C	U	A	A	K	L	E	R	G	X	A	B
R	G	R	N	G	O	L	D	S	I	D	P
A	C	Y	G	K	R	E	A	T	A	D	M
S	A	E	E	U	I	H	B	A	E	I	E
W	R	F	L	L	A	N	A	B	D	S	H
I	O	Y	S	J	B	N	C	L	H	D	E
S	L	Y	H	M	A	N	G	E	R	I	L
E	S	M	E	O	G	R	P	U	N	E	H
M	Y	R	R	H	J	H	E	H	B	S	T
E	W	J	O	S	E	P	H	O	A	L	E
N	T	O	D	R	S	O	P	E	H	I	B
T	B	W	D	U	U	E	I	O	W	F	O
X	C	S	Y	R	S	T	A	R	Y	H	A

GABRIEL STABLE ANGELS HEROD GOLD CHRISTMAS MARY
JESUS GLORIA WISEMEN MYRRH CAROLS JOSEPH
MANGER SHEPHERDS FRANKINCENSE BETHLEHEM STAR

II) FILL IN THE BLANKS USING THE WORDS IN BRACKETS AND MENTION THE CHAPTER &VERSE NO.

(Counsellor, baby, David, God, ruler, Immanuel, righteous, Eternal, least , star, pregnant, Salvation, leader, east, peace, child, guide, Prince of Peace, Son, Bethlehem, worship, Lord, king, safe)

1. "_____ in the land of Judah, you are by no means the _____ of the leading cities of Judah; for from you will come a _____ who will _____ My people Israel". (Matthew _____)
2. The _____ Himself will give you a sign: a young woman who is _____ will have a _____ and will name Him _____. (Isaiah _____)
3. The Lord says, "The time is coming when I will choose as king a _____ descendant of _____. When He is king, the people of Judah will be _____, and the people of Israel will live in _____. He will be called the Lord, Our _____." (Jeremiah _____)
4. "Where is the _____ born to be the _____ of the Jews? We saw His _____ when it came up in the _____, and we have come to _____ Him". (Matthew _____)
5. A _____ is born to us! A son is given to us! And He will be our _____. He will be called, "Wonderful _____", Mighty _____", _____ Father", _____. (Isaiah _____)

IV) CIRCLE THE CORRECT ANSWER

1. When is Christmas celebrated in Russia?
a) Dec 25th b) Dec 31st c) Jan 7th
2. Christmas Island belongs to which country?
a) Indonesia b) New Zealand c) Australia
3. Which saint is credited with creating the first live Nativity scene in 1223 to place the emphasis of worship of Christ in Christmas rather than secular materialism and gift giving?
a) St. John b) St. Francis of Assisi c) St. Peter

Please Note:

- The Quiz is only for children of our Parish who are studying in Std. 10th and below.
- Drop the answers in the Letter Box in front of the Parish Sacristy, latest by **15th January 2017**.
- There are three attractive prizes to be won. If there are many entries with the right answers, the prizes will be determined by casting lots.
- Editorial Board's decision will be final and binding.

Full Name _____ Class _____
School _____ Telephone/Mobile No _____
Family No. _____ Address: _____

Answers of Quiz No. Quiz 2016-03 :

- I) 1 A) Rebecca 2 A) Elizabeth 3 A) Judith 4 A) Susanna 5 A) Mary 6 A) Miriam
7 A) Ruth 1 D) Esther 2 D) Eve 3 D) Martha 4 D) Sarah 5 D) Anna
- II) 1) sun, moon, crown, twelve (Rev 12:1)
2) destruction, salvation, God, against, secret, sorrow, sword, heart (Luke 2:34,35)
3) Lord, Savior, remembered, servant, people, happy, holy, generation, mercy, honor (Luke 1:46-50)
4) greeting, believe, true (Luke 1:44,45)

III) BEHOLD THE HANDMAID OF THE LORD. BE IT DONE TO ME ACCORDING TO YOUR WILL (Luke 1:38)

- IV) 1) a) St. John 2) b) Krakow, Poland 3) c) St. Thomas

Winners of Quiz No. Quiz 2016-02 :

- 1st prize: Tahirah Fernandes (Std X, Canossa High School)
2nd prize: Sharon D'souza (Std III, Canossa High School)
3rd prize: Glevita D'souza (Std VII, Canossa High School)

Hearty Laughter!

Going Down

As the storm raged, the captain realized his ship was sinking fast. He called out, "Anyone here know how to pray?" One man stepped forward. "Aye, Captain, I know how to pray." "Good," said the captain, "you pray while the rest of us put on our life jackets - we're one short."

Out of Luck

A guy named Joe finds himself in dire trouble. His business has gone bust and he's in serious financial trouble. He's so desperate that he decides to ask God for help. He begins to pray... "God, please help me. I've lost my business and if I don't get some money, I'm going to lose my house as well. Please let me win the lotto." Lotto night comes and somebody else wins it.

Joe again prays... "God, please let me win the lotto! I've lost my business, my house and I'm going to lose my car as well". Lotto night comes and Joe still has no luck.

Once again, he prays... "My God, why have you forsaken me? I've lost my business, my house, and my car. My wife and children are starving. I don't often ask you for help and I have always been a good servant to you. PLEASE just let me win the lotto this one time so I can get my life back in order."

Suddenly there is a blinding flash of light as the heavens open and Joe is confronted by the voice of God Himself: "Joe, meet Me halfway on this. Buy a ticket."

So Far So Good

So far today, God, I've done all right. I haven't gossiped, haven't lost my temper, haven't been greedy, grumpy, nasty, selfish, or over-indulgent. I'm really glad about that. But in a few minutes, God, I'm going to get out of bed and from then on I'm probably going to need a lot more help. In Jesus name. Amen

I Never Go to Church

"I never go to Church," boasted a wandering member. "Perhaps you have noticed that Father?"

"Yes, I have noticed that," said the priest. "Well, the reason I don't go is because there are so many hypocrites there." "Oh, don't let that keep you away," replied the priest with a smile. "There's always room for one more."

The Gift

"Thanks for the electric guitar you gave me for Christmas," little Chris Cody said to his uncle the first time he saw him after the holidays. "It's the best present I ever got." "That's great," said his uncle. "Do you know how to play it?" "Oh, I don't play it," the little fellow said. "My mom gives me a dollar a day not to play it during the day and my dad gives me five dollars a week not to play it at night."

Facts

Mary : Daddy did you know that girls are smarter than boys?

Dad : No, I didn't know that.

Mary : There you go.

A recent scientific study showed that out of 2,293,618,367 people, 94% are too lazy to actually read that number.

Husband brings the child home from kindergarten and asks his wife, "He's been crying the whole way home. Is he sick or something?" "No," replies the wife, "he was just trying to tell you, he isn't our Frankie."

Two police officers crash their car into a tree. After a moment of silence, one of them says, "Wow, that's got to be the fastest we ever got to the accident site."

PARISH ACTIVITIES

A BREAK - AT THE PALM BEACH RESORT, ARNALA

Members of the Parish Pastoral Council, together with Co-ordinators of the Small Christian Communities and our clergy team all set out for a day's picnic at the Palm Beach Resort, Arnala on 12th October. We gathered at our Church grounds at 06.30 am and took the bus to our picnic venue. The level of excitement was very high as we boarded the bus with our bags and picnic gear! We were welcomed in the bus by the Organizing Team. Though the journey was long, we didn't feel so, as we were busy belting songs, one after another and enjoying ourselves. When we finally arrived at our destination, we were happy that it was not very hot. The smell of wet soil and verdant green cover made us all nostalgic and think of the countryside vacations of our younger days.

After quickly settling ourselves, we got ready for the Eucharistic celebration at 9.00 am by Fr. Lawrence Correa along with Fr. Innocent Fernandes, Fr. Infant Vinodh and Deacon Praveen Aranha. It was a wonderful way to start our picnic with the Eucharist. Later, we all had a hearty and delicious breakfast. With our stomachs sated we were all ready for the fun and games element of the picnic. It was nice to see our PPC members, co-ordinators and the Clergy team jumping into the pool while a few amongst us sat around the pool and having our kind of fun. After playing some water sports and enjoying showers under the rain fountains, all were totally exhausted. The noonday sun was now at its peak and the scorching heat was tanning us all. We soon found a nice and shady area where we relaxed for a while eating candy floss, popcorn and ice candies, until it was time for lunch. With energy levels dipping, we needed to recoup for the round of indoor games scheduled after lunch and what better way than feasting on an appetizing spread of food!

The indoor games were held in the mini hall and were well organized and conducted by the picnic organizing team. It was fun watching every one participating with much excitement and enthusiasm. There were prizes for the winners and a lot of spot prizes too which raised everyone's interest. We all turned into little children that day, no one felt left out or out of place. All participated as one large family.

We wound up the games right in time for tea. Frs. Lawrence and Innocent spoke a few encouraging words and thanked all members present. Tired, thirsty, weary and worn out by an exhausting and exciting day we boarded our bus to take us home. We were served with slices of home made cake and soft drinks in the bus. Though we were all tired we joyfully joined in the singing and recited the Rosary too. We thank the Lord for this wonderful day which will be remembered and cherished for a long time to come.

Rosalin Ambrose
SCC Project Team Member

MISSION WEEK 2016

This year, the parishioners of Sacred Heart Parish commemorated Mission Week a good week before Mission Sunday, by concentrating exclusively on the SVD Mission of INE (India East) Province, India.

During Mission Week, a short video clip was screened after every Mass depicting the harsh realities of the INE Mission stations, people of the Odisha belt and the commitment involved while carrying on mission work. The screening of each video clip gripped the attention and imagination of the congregation so intently, that some were heard remarking *"this is God's work and this Mission will flourish, no matter what comes its way."* The messages that the video clips portrayed on different themes ripped the hearts of our parishioners. The mission week was truly a brain-storming preparation for the actual Mission Sunday.

On 23rd October, Frs. Sunil and Anuragan representing the INE Province preached at all Mission Sunday Masses. Their meaningful homilies showcased the vulnerability and impediments they encounter on a daily basis as they go about their mission work, received an overwhelming warm response from our parishioners. The zeal and commitment entailed in sustaining their lives and their mission, through faith, is both commendable and inspiring. There was a brief video clip screened after the homily at every Mass on a series of themes, giving the congregation a comprehensive idea on the works of INE Mission and their undertakings.

Keep close to the Catholic Church at all times, for the Church alone can give you true peace, since she alone possesses Jesus, the true Prince of Peace, in the Blessed Sacrament.

- St. Padre Pio

As always, a tradition of sorts in our parish, there was an exhibition organized by the Religious congregations residing on our parish campus. Various religious congregations displayed their noble missionary activities. Mission proclamations continued throughout the Church compound with a wide display of banners! There was also a sale of handicraft items which received good patronage from our parishioners. A special mention must be made of the beautiful handmade cards prepared by our Sunday School children, the sale proceeds of which went towards the Missions.

With help and co-operation extended by all the religious congregations of our campus, the INE team and with the encouraging support of our parishioners, 'Mission Week' was meaningfully observed in our parish.

"I have but one candle of life to burn, and I would rather burn it out in a land filled with darkness than in a land flooded with light"

**Fr. Joaquim Fernandes SVD
Mission Secretary India Mumbai Province**

SVP – THIRTY YEARS IN SERVICE

The Society of St. Vincent De Paul (SVP) was established in our parish in 1986 under the name Conference of Holy Spirit, with an objective to reach out to the poorest of the poor. Our activities are adoption of poor families, visiting these families often to look after their welfare and assist them for ration, medical, children's education and housing.

Celebrating the completion of 30 years of our service and being the *Year of Mercy*, an Awareness Week was observed from 17th to 27th September 2016. A wide range of banners displaying the various activities of the SVP were displayed in the Church Compound. At the *Weekly Mass Announcements*, the SVP message was read out and its members were available at the Help Desk after each Mass to help and clear any clarification our parishioners may have had. We wish to thank all our parishioners for their support and generous contributions made during the Awareness Week.

The Holy Eucharist was celebrated on Saturday, 24th September at 6.30 pm, along with our adopted families, benefactors and well-wishers to commemorate the feast of St. Vincent De Paul, the patron saint of works of charity. Fr. Innocent Fernandes SVD, our Spiritual Director, exhorted us with a meaningful and inspiring homily. The melodious singing by Casian's choir added to the spiritual ambience of the occasion.

After Mass, refreshments were served to all and we had little children putting up a beautiful dance item to create a party atmosphere. Our President, Maria Nanal, called upon our founder member and the first president, Brother Ben Lewis, to formally welcome the gathering. The highlight of the program was the distribution of scholarships to the 'toppers' belonging to our adopted families. 9 students from Stds. I to XII were awarded scholarships for their excellent performance during the academic year 2015-16. This year being the *Year of Mercy* and SVP having successfully completed 30 years of continuous service, consolation prizes were also given to all other students present at the function. We then had games and a round of housie and many were happy to receive prizes and spot prizes. Students of the *Study Class* entertained the gathering with songs and dance performances. The show was compered by Brother Cyprian Mendes.

Brother Evarist Serrao, one of our senior members proposed the Vote of Thanks. He thanked all those who were instrumental in the success of SVP for the last 30 years and also those involved in making the evening's function a grand success. Soon after, Fr. Lawrence Correa SVD, led the gathering to pray the 'Grace', before dinner was served to over 160 people from 60 families and guests who attended the function. Each of the adopted families was happy and thrilled to receive a take-away gift as they left for their homes. We look forward to many more years of service to our parishioners!

**Rose Almeida
Secretary - SVP**

Who except God can give you peace? Has the world ever been able to satisfy the heart?

- St. Saint Gerard Majella

Updates to the Parish Association Council (PAC) List 2016-2017

1	Lectors Cell	Elizabeth Chettiar (Assistant Head)
2	Bible Cell	Jesse Monteiro (Assistant Head)
3	Parish Youth Animation Team	Wilfred Lobo (Head), Bernard Xavier (Assistant Head)

I SERVE A GOD OF WONDERS

A week-long **Vacation Bible** Joy program for children from Stds. I to X of our Parish was conducted by the Bible Cell from 31st October – 5th November 2016. 150 children registered for this program.

Children were taught the **Word of God** through various fun-filled activities, gospel music and action songs. We found the children as enthused as us for learning the Word of God as we were to impart it. The enthusiasm was indeed contagious. The classes began each morning at 9 am, but the children would arrive almost an hour early, which showed their great love for Jesus and learning His Word.

The theme of the program was **'I Serve A God Of Wonders'**. Throughout the week the children were taught about various miracles in the Bible. They got to know that our God is a God of miracles and wonders. They were made to understand the meaning of 'Miracles' and their significance in the Bible. We took them through the various miracles both in the Old Testament and the New Testament.

On the first day they learnt about the 'Miracle of Creation' from the book of Genesis; how everything that God created was 'good' and 'whole' and this wholeness was broken by sin, thus separating man from God. Each day they were taught a miracle from the Old Testament corresponding with a miracle from the New Testament. The children were given the taste of God's love from the Old Testament and the love of Jesus from the New Testament. By learning about the various miracles the children were made to understand that the very presence of Jesus in our lives makes our life extraordinary and special.

By learning more about Jesus and studying the Word of God the children understood the importance of calling upon Jesus every day. They discovered that our God is a God of wonders and that all things are possible with Him. Through the miracles of nature they learnt that God is the author of Creation and He is not bound by the laws of nature. They were excellent in memorizing scripture verses given to them each day. Even the younger children memorized the scriptures well. It was truly a great joy to teach the little ones about God's love.

Each day, as they learnt about a new miracle, they understood that our very existence is a 'New Miracle' each day. Children praised and worshipped God through various action songs. The youth from our Parish Music Ministry, kept our feet tapping to the beats through the week. On the last day we concluded the program with the celebration of the Eucharist. Fr. Infant Vinodh SVD explained to the children about the final miracle, the Resurrection of Christ. It was truly a week of great joy for each one of us. ***Our only prayer is that the parents of these children may water the seed that we have sown during the week long Vacation Bible Joy program.***

Josephine Fernandes
Bible Cell

OCTOBER DEVOTION TO MOTHER MARY

The word Rosary means 'Garland of Roses', rose being one of the flowers used to symbolize the Virgin Mary. As we make frequent use of the rosary, we see how meditating on the decades, brings to mind the sweet fragrance not only of the mother of God, but of Christ Himself.

The month of October is dedicated to Mother Mary. Beside reciting the Rosary every day, our Legionaries organized the **Rosary Making Competition** on the 30th of October 2016 on our parish grounds. The ex-Legionaries made their presence felt by volunteering their services on that day. All parishioners were kept well informed through various announcements and via PPC/Community coordinators regarding the competition and the list of materials they could use, preferably eco-friendly and non-edible, which could be recycled. Parishioners used various innovative ideas to make rosaries. Rosaries of different shapes, sizes and hues were made. The beads were made of a wide range of materials. 16 communities and 4 associations (PYC, Altar Servers, Catechists and Senior Citizen' Cell) participated in the Rosary Making Competition.

31st October, being the last day of the month of October, the **Rosary** was conducted by the Legionaries near the Grotto. Around 400+ of our parishioners assembled near the Grotto and recited the Rosary. To commemorate the occasion we released in the air, a Rosary made of balloons. They were sponsored by Our Lady of Nazareth - Community No. 16. Various rosaries made on the day of the competition were displayed near the Grotto, so that parishioners could view them after Mass. The winners of the Rosary Making Competition were announced after the recitation of the Rosary.

The Rosary Making Competition was judged by Frs. Donald D'souza SVD, Infant Vinodh SVD and Sr. Margaret FDCC.

The winners were:

- 1st prize awarded to Sacred Heart - Community No. 32
- 2nd prize awarded to Good Shepherd - Community No.7
- 3rd prize awarded to Holy Family - Community No.13

The organizers of the competition appreciated the efforts of all the contestants and thanked them for their participation in this competition and making it a grand success!

Alex Mathew
Legion of Mary

THE VIBRANT YOUNG-AT-HEART

Pilgrimage to Our Lady of Fatima, Karjat: For the second time, the senior citizens of our parish, decided to go on a pilgrimage, to the Shrine of Our Lady of Fatima at Karjat. This is the first Asian shrine dedicated to Our Lady of Fatima. On 13th September, two buses were arranged to take us to Karjat. While traveling in the bus, we recited the Rosary and were served a light breakfast. On reaching the shrine, Fr. Calistus Fernandes the *priest-in-charge*, welcomed us and we found that he had made special arrangements for our pilgrimage like serving us with a simple but hearty breakfast.

The Eucharist was celebrated at 12 noon, followed by lunch prepared by the local parishioners. After lunch, we had a *'Praise and Worship'* service. There were a few in our group who experienced healing. It was a day well spent, both spiritually and socially.

World Elder's Day: World Elder's Day was commemorated around the world on 1st October. This day is set aside every year to honor and respect our senior citizens. It was a special day for the aged, who, in the twilight years of their lives look forward to this fellowship. It is through them that traditions are handed down to the next generation. It is an opportunity to thank them for their sacrifices and service to society.

As usual, the event began with the celebration of the Eucharist, by Fr. Charles Rodrigues S.J., Vinalaya, to thank God for all the blessings received by a total of 130 seniors, who gathered in the Community Centre of our Parish. He was pleased to see senior citizens in large numbers in attendance. Special prayers were offered for the lonely, housebound and suffering with meaningful symbols.

After Mass, it was a time for fellowship and entertainment, which we all look forward to. Snacks and tea were served, after which a group from Bandra performed the line dance and at the end of their act, invited some of us seniors to join them. This was followed by the much loved mood elevator, a *'Game Of Housie'!*

We were happy to have in our midst Ms. Margaret Vaz, from Marol, a Sr. Citizen representing the Andheri Deanery, who appreciated our efforts in organizing this event. We were also pleased to have Alex and Peter from the Legion of Mary who assisted us and were of great help in organizing this get together.

The evening ended with a take away dinner box which was served to all. To sum up, it was a lovely evening, well planned and executed by members of the Senior Citizen Cell of our parish.

**Rosie Fernandes
Senior Citizen Cell**

TRIBUTE TO MOTHER TERESA

The 'Inter-Religious Dialogue Cell' (IRDC) of our parish organized a **Tribute to Mother Teresa**, at the Community Centre on 10th September 2016 at 4 pm to commemorate the canonization of Mother Teresa by Pope Francis, on 4th September 2016.

Charles Carvalho, the compere for the evening, welcomed all and introduced the speakers: Govind Dichwalker, Wazid Sheikh, Satinderpal Singh Alhuwalia, Dr. Jasmine, Preetiben and Josephine Fernandes to the audience

The speakers and the invited guests, Fr. Aniceto Fernandes, Fr. Lawrence Correa SVD lit the *'Samaya'* as per our Indian tradition. It was decorated with flowers and burnt brightly until the event concluded.

The program commenced with a prayer by Sr. Fatima FDCC followed with a prayer dance by the Canossian students. Each speaker, then came forward to pay rich tributes to Mother Teresa by sharing their personal and religious views. They depicted Mother Teresa as a great personality who served humanity across the wide spectrum of caste and creed.

Mr. Govind, a Hindu reflected on Mother Teresa's service to the sick and the dying as she picked them from the gutters, kept them under her loving care and they died peacefully experiencing love and dignity.

Mr. Sheikh, a Muslim, projected Mother Teresa as a prophetess whom we witnessed in our lifetime.

Mr. Alhuwalia a Sikh, stated that one does not need to perform miracles to become a saint. The lifelong journey of serving the needy without differentiating them by the barriers of caste, creed or religion made Mother Teresa a Saint. He concluded by saying that if we all make the effort to even become 1% of Mother Teresa we can make a big difference.

Dr. Jasmine, a Parsi, described Mother Teresa as a good soul who served the sick, old and rejected with a radiant smile. She urged us to radiate God's love to others with a kind word, smile or a gentle touch which can transform a distressed person and accord him dignity.

Ms. Preetiben, a Bramakumari, praised Mother Teresa as an idealist who served humanity with unconditional love, simplicity and religious tolerance.

Ms. Josphine Fernandes affirmed that Mother Teresa readily moved along God's plan for her and acted as per the will of God. She saw Christ in each person she served.

Interspersed with these talks was a dance by Joslina to the song sung by Usha Uthup as a tribute to Saint Teresa and two other video clips on Mother Teresa. Fr. John Serrao SVD, our Spiritual Director summed up the speeches by a brief reflection on Mother Teresa.

Charles made the event lively by his comments and meaningful insights. IRDC members presented a memento to all speakers and distinguished guests. A bookmark to mark the occasion was distributed to the audience. Harbinder Singh, IRDC member proposed the *Vote Of Thanks*. The event ended with the singing of the National Anthem. Refreshments were served to all. After a lively interaction between IRDC members and the distinguished guests, all were seen leaving the venue with radiant smiles!

Ponnamma Antony
Inter-Religious Dialogue Cell

SOLDIERS OF THE ROSARY

October being a Marian month, St. Dominic Savio Community No.17, had organised the recitation of the Rosary, along with the statue of Our Lady. Our Lady was venerated in all the homes in the community.

Community No.17, a community with a difference, arranged a procession on the 22nd of October to commemorate the Year of Mercy. Two members of the community led the way with a banner which read **'Mother of Mercy, Pray For Us'**. Men, women and children followed with lit candles singing hymns in praise of Mother Mary. The Joyful Mysteries were offered for special intentions and the final mystery culminated at Marcelino Pereira's house. The prayer meet was well attended and was presided over by Sr. Philomena George, FDCC our spiritual guide. She along with the PPC member and animators worked



If we have no peace, it is because we have forgotten that we belong to each other.

- Mother Teresa



hand in hand to make the children, the young and the elderly participate wholeheartedly in the procession. The meet ended with snacks. Members left for their homes with a feeling of innate calmness, peace and happiness. The recitation of the Holy Rosary is indeed a powerful weapon against the evil designs of the devil!

"Don't be ashamed to recite the Rosary while you are alone, while you walk along the streets to school, to the University or to work, or as you commute by public transport." Community No.17 showed us that the above quote of St. John Paul II was to be adhered to.

Marcelino Pereira's hard work and dedication deserves a special mention for the conceptualization and tactical planning of the whole program. The idea of the canopy and the flex were his inputs. Kudos to our PPC Co-ordinator, Ida Quinny, SCC Co-ordinator, Justin and all the animators! They worked together in unison as a team, to make this event a grand success.

Lekha Fernandes
St. Dominic Savio, Community No. 17

On this Holy Night the ancient promise is fulfilled: the time of waiting has ended and the Virgin gives birth to the Messiah. Jesus is born for a humanity searching for freedom and peace; He is born for everyone burdened by sin, in need of salvation, and yearning for hope.

- St. John Paul II

Rejoice and be glad that so great and good a Lord, on coming into the Virgin's womb, willed to appear despised, needy, and poor in this world, so that men who were in dire poverty and suffering great need of heavenly food might be made rich in Him.

- St. Clare of Assisi

A RENDEZVOUS WITH JESUS, OUR TRUE FRIEND

On the 29th and 30th of October 2016, the *confirmands* of our parish had a prayerful '**Recollection**', led by '**Jesus the Real Vine**', the Parish English Prayer Group. Fr. Lawrence Correa SVD, introduced us to them sharing some words of encouragement, and a few instructions to ensure that the retreat would be a wonderful experience for us all.

What started out as simple hymns led to energizing music, which had us all up on our feet, singing and dancing. Within no time, our long sullen faces turned into faces radiating with happiness and excitement. The speakers shared their personal stories of how Jesus transformed their lives completely. They emphasized the importance of loving one another no matter what and forgiving the worst of our enemies. We realized though it was an extremely tough act to follow at most times, it is possible through Jesus. During the 'Recollection', we realised that each one of us is *unique, special* and a *masterpiece* that God has created. Jesus is our true friend, with whom we can share anything and everything; without fear of punishment or judgement because He loves us, without being judgemental.

As the retreat progressed, a lot of important topics were touched upon viz., **God's Love, Sin, Repentance, Media, Prayer, Making Godly Choices and the person of the Holy Spirit**. A lot of us move away from God because we are exposed to evil things through a bad social circle, media and other factors. Media has been a blessing in the lives of people today; however, if not used properly or with caution, it becomes a curse! It was one of the important messages we youngsters were made aware of.

There were many charged moments during the retreat but one of the most powerful and emotionally touching moments was during the '**Inner Healing**' Session. We were asked to close our eyes and surrender our burdens to Jesus, while being guided at this time with kind and encouraging words. Some cried, others experienced a sense of calm and peace as they let out their pent up anger and pain. There were sessions held on **Surrender, Repentance and Infilling of the Holy Spirit**. We learnt that '*Forgiveness is essential to begin the process of Healing*' and '*God blesses you when you make obedient choices*'.

We were treated to some scrumptious snacks and meals during break times. On both the days, the Sessions culminated with Eucharistic celebrations by Fr. Scaria SVD and Fr. Ivan D'silva SVD, respectively.

For many, the two days of 'Recollection' helped to establish a deep connection with Jesus giving us the courage to forgive; while for others this was a new beginning, with a promise to love and follow the footsteps of Jesus. Our grateful thanks to Jesus the Real Vine Prayer Group, the Confirmation Team and Fr. Lawrence for organizing this 'Recollection', which truly helped us, prepare ourselves to receive the Sacrament of Confirmation.

**Namrata Nerikaat
Confirmand - 2016 Batch**

WHOSE SIDE AM I LEANING ON?

Faith can move mountains, and I think our **study cum exposure trip** to St. Pius X College, Goregoan proved just that! The college, is a religious and holistic education centre. Young men training for priesthood receive holistic education, covering not only pure academic subjects but also religious grounding and human values.

On 6th November, our parish confirmandi arrived at the Seminary's Main Hall in the afternoon. We were greeted with hot tea and biscuits. The session started off with an Icebreaker activity, greeting each other with different types of hand-shakes. 'Whose side are you leaning on?' was an action song, which we were taught on site. Though we did have a good time singing it, the lyrics impacted our line of thinking and led to introspection.

We then listened to Bro. Ashwin speak. He shared his vocation journey from being an atheist to his transformation into a seminarian and soon to be a priest, a man of God! He spoke to us of his moment of realization that *Without Jesus, Life Has No Meaning* and how in response, he decided to give himself entirely to God. He told us that God has a plan and purpose for all of us. We need to accept ourselves as God loves us unconditionally, even if the others reject us. When we are confused we need to go to God as He holds our future in His hands. We do not choose Him, He has first chosen us. By his own conviction,

Bro. Ashwin chose to lean on God's side. He drove the point home further by giving us a live demonstration by crumpling a Rs.100/- note, whose value did not lessen by the condition of its state! He explained we are all precious in the eyes of God though we may feel worthless strictly due to wrong choices made by us.

Fr. Godwin, in-charge of the Seminary gave us an inspiring session through a video presentation on the life of India's well known comedian and movie star, Johnny Lever. Lever in his early life, had battled with poverty and various other hardships. Success led him into the material world and away from God. He then found solace in God alone, when he had to deal with a tragic incident. He is now not only a devout believer, but also involved in sharing the Good News of Christ. Fr. Godwin's talk showed how failures are important in life and how they make us more humane.

We were shown another video which reinforced the belief that we are what God chooses us to be! Young men with promising careers and dreams give it all up to work in God's kingdom.

Next, we toured the area around the Seminary and experienced a deep sense of peace and tranquility.

Our last stop was the Seminary Chapel, where we knelt down to pray in silence for our personal intentions and for the seminarians. We left with smiles on our faces and memories to last a lifetime.

**Nathan Fernandes
Confirmand - 2016 Batch**

Where God is born, hope is born. He brings hope. Where God is born, peace is born. And where peace is born, there is no longer room for hatred and for war. Yet precisely where the incarnate Son of God came into the world, tensions and violence persist, and peace remains a gift to be implored and built.

- Pope Francis

Mankind will not have peace until it turns with trust to My mercy.

- Diary of St. Faustina, Divine Mercy in my Soul



YOUTH FULLY A L I V E

A CAMP TO KHANDALA

The Catholic Youth Camp wants the youth to experience camp life so that they can be inspired to seek a lifelong relationship with God and acknowledge the importance of their faith in having Jesus in their lives. It would help them understand themselves better and explore their hidden abilities as a leader in the Youth Ministry.

The Youth Ministry of our parish organised a camp to Khandala on 13th and 14th August for the PYC members. This program involved games, sessions on various topics entailing personality development and covering various psychological aspects. For most of the Parish Youth Council (PYC) members it was a learning curve.

Our journey began early in the morning as the bus ride was long, but we enjoyed every single moment of the journey in the company of friends. We arrived at the convent just in time for lunch followed by a session to understand and know ourselves better. We were divided into groups for each of the sessions. The flow of each session was planned accordingly, to explore our leadership qualities as a youth leader of our Neighbourhood Youth Groups (NYGs). The camp in return helped us understand our responsibilities towards our NYGs, the Youth Council and the Church.

The atmosphere and the surroundings were breathtakingly beautiful. We took every opportunity to enjoy the beautiful and scenic view, far away from the bustling city noise, chaos and pollution. We went around the area hunting for objects which caught our eye the most, and then shared the findings with our friends much to everyone's delight. Reciting the *Rosary* in the open green fields with the beautiful backdrop of nature and trees was one of the best moments to take back from this camp.

On the whole, we had an enriching experience during the two days spent in Khandala. Most importantly our bonding with each other was strengthened even more. We promised to take back everything we learned at the Camp to our respective NYGs, with this simple credo '*Many Sparks, One Fire*'.

Jebin Jose
Vice President, Parish Youth Council

REGEN OLYMPIA – 2016

Regen Olympia 2016 was organized by the Youth Ministry of our parish on the 27th and 28th of August. The event was successful in acting as a catalyst in encouraging our *parishioners to participate in the games. This year, we had 24 communities registering to compete in the Regen Olympia 2016, which had various games of skill! Team work, brainstorming and fun formed an inclusive part of the Regen Olympia. The organizing team had very meticulously planned the two-day event keeping in mind the main objective of bringing together the parishioners as one big family to participate and cheer for the teams.*

Day 1: Darius Quadros and Aloy Chettiar were the two dynamic comperes designated to host day 1 of the *Regen Olympia* 2016 and they made a wonderful job of it. The event commenced with the Opening Ceremony, wherein all the Captains and Vice-Captains of the participating teams took the **Regen Oath**, led by the PYC Executive Committee. Our parish priest Fr. Lawrence Correa SVD declared the event open by splashing water on the banner to unveil the name '**Regen Olympia**' 2016. There were four games planned for the first day, the first three involving the specified age groups and the last, taking the entire team into play. At the end of Day 1, 12 out of the 24 teams qualified for the semi-finals.

Day 2: Kick-started with 4 more games which were all fun and peaked everyone's interests. This time around, 4 out of the 12 semi finalists qualified for the finals. The final lap of *Regen Olympia* consisted of a series of tasks that the 4 teams were expected to complete. These tasks tested each team's agility, team work, skill, and wit; and the first team to complete all the given tasks successfully, emerged as the clear winners!

At the successful close of Day 2, Community No. 7 was crowned as the much deserved Winners of Regen Olympia 2016 and Community No. 5 emerging as the honorable Runners-up!

Kudos to all the participants, organizers and supporters for making Regen Olympia 2016, a grand success.

Reni Xavier
PYC – St. Ann's Community No. 26

Our Lord became man to teach us the Father's will. And this He is already doing as He lies there in the manger. Jesus Christ is seeking us — with a call which is a vocation to sanctity — so that we may carry out the redemption with Him. Let us reflect on this first lesson of His. We are to co-redeem, by striving to triumph not over our neighbour, but over ourselves. Like Christ we need to empty ourselves, to consider ourselves as the servants of others, and so to bring them to God.

– St. Josemaria Escriva

ZEAL 2016

'Zeal' is the most awaited youth event of our Parish. Every year, youth from all the communities across our parish, gather to experience an evening filled with fun, laughter, games and friendship. 'Zeal' aims to create new friendships among our youth and to give a platform to showcase their talent; and this year we were successfully able to do so.

'Reel is Real', being this year's theme, helped us to muster large crowds. It was aimed at bringing to the fore maximum youth and what better way to catch their attention than by bringing something that they can relate to easily. The theme revolved around a variety of entertainment i.e. cartoons, sitcoms, daily soaps and movies! This was the biggest reason for 'Zeal' to garner such a massive attendance.

This year, 'Zeal' was held on 23rd October 2016 on our parish grounds. The event commenced at 7.00 pm and our parish priest, Fr. Lawrence Correa SVD did the honors of declaring the event open. The evening showcased the raw untapped talent of our young, aspiring artists who put up various acts for our audience, team-building games, a jam session to get everyone on their feet and it was concluded by a fellowship meal to bring the event to a close.

Despite the various impediments experienced in the course of the event, the very talented Parish Youth Council along with the help of the Parish Youth Association Team made sure that the event went on without any hitch and ensured that the attendees enjoyed an evening of pure entertainment. Yes, 'Zeal' 2016 did have a few flaws, but the event was an unforgettable experience for each and everyone of us involved in putting the event together. It taught and reinforced in us values, the importance of co-operation and things our text books could have never taught us; and looking back, we are sure we wouldn't have had it any other way!

Chelann Vaz

PYC - St. Theresa of Child Jesus, Community No. 10

Jesus Christ, God-man. This is one of the mighty works of God, which we should reflect upon and thank Him for. He has come to bring peace on earth to men of good will, to all men who want to unite their wills to the holy will of God - not just the rich, not just the poor, but everyone: all the brothers and sisters. We are all brothers in Jesus, children of God, brothers and sisters of Christ. His Mother is our mother.

- St. Josemaria Escriva



HEALTH SPACE

LAUGHTER THERAPY

'Heart to Heart' wants me to go on a laughter therapy mode. So here we are: on your mark... get set...go. Place one of your hands upon your gut which is about four centimeters below the center of your navel and the other hand on the crown of your head. Now, turn to your right, watch another laughter fire cracker face doing what you are trying to do and laugh together to your gut-gratification. Then turn to the left and do a similar jocular laughter display. When your laughter cylinder is empty, refill, breathe in and turn to the other side and repeat it with all your might, sound and fury. By now the atmosphere has changed. It is getting filled with a playful energy vibrating with childlike cheerfulness and gusto. Adults don't laugh simply, do they? Only fools carry out such stupid things. Adults laugh for a reason, in fact a serious reason that is worth laughing about!! Dear adults, you need no valid reason or a sense of humour to laugh; just laugh and see what happens to you.

Now bring your palms to the solar plexus area, breath in to fill your inbuilt gas container and move your palms around in clock wise and antilock wise gestures, sending your energy of laughter to the ends of the universe. With zest and delight, repeat. When it is time for restocking, bring the palms back to the solar plexus, then spread them around again and explode to your gut's gladness. Unlike group-singing that needs practice to perfect, you would be surprised to see how every laughter sound can merge into a surprising synergy and symphony! At times it can turn on a naughty, mischievous cacophony; even that doesn't matter in a group reveling in fun, because that becomes a new reason for another burst of laughter. At times there is one or the other individual in the group who has totally an outstanding, and exceptional way of doing what others seem to do rather normally. By that time, unconsciously the majority in the group has defined what a normal laughter should be. In our meditation group, we have one retired Captain Avtarsing Kapoor. In the beginning, as he let out an abnormal shout, a few just paused, looked at and listened to the strange volcanic laughter eruption coming from his vocal cords. As days passed on, everyone got used to his unique laughter style.



He was the loudest, the longest, the funniest and probably the best. The most memorable laughter moment arrived when he accepted an individual performance all by himself; in the midst of which his turban flew off from his well-protected brain coverage, as if with a 'surgical strike' impact and that day the meditation group produced the highest decibels of hilarity. The sound of the laughter used to be so rare, loud and yet sort of irresistibly attractive that Fr. John Mascarenhas SVD sitting far away in the Parish room, sought to know from me who the originator of such a creative and explosive decibels of happy sounds was!

What we do here at 'Dhyan Kutir' every Tuesday and Thursday cannot be called laughter therapy. We have only short spells of laughter before all silently moving into quietness and meditation. We let the vibrational, positive, wakeful energy to stay with us as we move into the opposite of every noise, total complete meditative silence. There are different helpful gestures and procedures that can dance with the rhythm of laughter.

If you want to get the full benefit of this funny exercise, you will have to keep on doing gutsy laughter for about 15 to 20 minutes. Imagine without a single rupee in your hand, you can buy for yourself, what you are dying for, happiness. You will surely tell me that laughter is not happiness. However, those silly funny noises will affect the very same muscles, all the funny bones, the brain cells, heart tissues, the bronchioles in the lungs and the juice in the adrenal glands which a genuine laughter will bring about. William James, the father of modern Psychology told us that *"We don't laugh because we are happy. We are happy because we laugh."* Today, I know that 'virtual laughter' has very similar effect in the whole psycho-physical system as 'honest laughter'.

From the effects of laughter we know that it is not only enjoyable but a healthy tonic for health and wellbeing. Sadness turned inward leads you to opposite of laughter; its colour is dark; its tone melancholic; its energy ever low, stuck, stagnant

and immobile. A hearty laughter can work as an exhaust fan to air out the stored up negative energy. To those in the valley of tears, laughter won't come easy. Arguments why they should not laugh will come naturally to them. They are the real candidates for laughter therapy.

All your internal organs are perfectly formed till you do something to harm them. All the harm that come to you from outside, be they airborne, waterborne, space borne, food borne and all other 'bornes' put together, won't be more than 10 % of harm done to your health. Looking at my own life, cured of asthma and a few minor ailments, I am 71 now, I know 90 % of harm is self-generated and come from inside of us. And the best of Doctors are clueless about the cure of most of the diseases because they are dealing with the 10%. And your mind I would think, is the culprit of most of the harm from within. That is why the dogs, the cats, the monkeys and the donkeys are super healthy compared to you, so also the birds in the air and the fish in the sea till someone does untoward violent acts upon them. The reason is, the Heavenly Father directly manages their brains. They don't have to laugh to be cheerful and healthy. How funny it would be if one day, we wake up to the laughter of our dogs, cats, rats and snakes! So if you can't supply healthy thoughts, it is helpful to consciously keep your minds off any thoughts that interfere with the innate bodily intelligence. And laughter does it in a most interesting and easy way.

Now, let me give you a few take home tips to remind you why laughter continues to be still medicinal and one of the best of health tonics.

- 1. Laughter is an Immune System Booster.** Laughter quickly works on the immune system. Studies have shown that daily group-laughter can enable the body even to protect itself from cancer and heart diseases.
- 2. Laughter is a Stress Buster.** At the end of a few minutes of laughter, you look at the participants; you will see them all in very relaxed postures. All the tight muscles, including the 54 facial muscles loosen up with a funny after-effect shine of a smile flowing over them.
- 3. Laughter is a Happiness Hormone Supplier.** At the end of a laughter-session, you will notice that epinephrine hormones connected to stress reducing and endorphin ones racing up with wellbeing notification.

- 4. Laughter is a Mood Changer.** You cannot keep on laughing and at the same time continue to park yourself on your bad moods: depressive, angry, anxious or any other negative habits. The scene within you changes drastically at the end of a period of diaphragmatic laughter.
- 5. Laughter is a Calorie Burner.** An hour of laughter can burn up 100-120 Calories; so say the weight-watching specialists.
- 6. Laughter is a Self-Control Teaser.** You can't be laughing and be prim and proper sitting on the head stool of self-control.
- 7. Laughter is an Immunoglobulin Provider.** The antibody-containing Immunoglobulin in the saliva, which inhibits germ attacks on respiratory organs rises with a stomach-full of tasty and delicious laughter.
- 8. Laughter is a Possible Gene Stimulation-Activator.** Geneticist Kazuo Murakami, a Japanese scientist hopes to activate the genes through laughter. Genes are usually regarded as immutable, but in reality more than 90 per cent of them are dormant or less active according to Murakami. His tentative theory is that laughter is one such stimulant that can trigger energy inside a person's DNA potentially helping cure of diseases. He thinks this would be the finding of the century.
- 9. And the Final Good News is, Laughter has no Negative Side Effects.**

Five years ago, on the advice of his Doctor, Mr. C. Balwant, along with the medical treatment started coming to 'Dhyan Kutir', twice a week, for meditation, group laughter being a part of it. A few days ago, he celebrated his 80th birthday with us. While sharing his story with us, he added with a smile, and "*I have not gone back to the Doctor again*".

If you cannot smile and laugh, how will you be ready for the eternal joy that is promised us in heaven? So bear in mind, even spiritually speaking, laughter is a serious business!

Fr. Ittoop Panikukam SVD

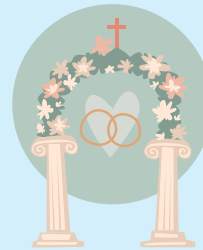
FROM THE PARISH REGISTER

BAPTIZED IN CHRIST



Raelynn Sera Fernandes	D/o	Russel Fernandes & Shirley Fernandes	14-Aug-16
Savio Nathan	S/o	Stanley Nathan & Jacqueline Nathan	14-Aug-16
Nathan Gadade	S/o	Amey Gadade & Charmaine	28-Aug-16
Christine Eve Saldanha	D/o	Santosh Saldanha & Manisha Saldanha	28-Aug-16
Myra Menezes	D/o	Ronald Felix Menezes & Jacinta Ronald Menezes	28-Aug-16
Hazel Lobo	D/o	Nelson Lobo & Bernardine Lobo	4-Sep-16
Acquin D'Almeida	S/o	Royston D'Almeida & Mitchell D'Almeida	25-Sep-16
Erica Menezes	D/o	Ronald Menezes & Shirley Menezes	25-Sep-16
Delisha Pinto	D/o	Ronald Pinto & Goretti Pinto	9-Oct-16
Blossom D'Souza	D/o	Francky Marcel D'Souza & Sylvia Francky D'Souza	9-Oct-16
Olivia Mary D'Silva	D/o	Lyndon Alex D'Silva & Jagoda O Cinnie	9-Oct-16
Jason D'Costa	S/o	Nikhil D'Costa & Jennifer D'Costa	9-Oct-16
Kael D'Souza	S/o	Keith D'Souza & Virginia D'Souza	9-Oct-16
Myra Pereira	D/o	Deepak Carmu Pereira & Maria Deepak Pereira	9-Oct-16
Sarah Gwen Fernandes	D/o	Silvester Fernandes & Linda Fernandes	6-Nov-16

Neil Marshal Almeida	To	Yashshree Ajit Chaubal	16-Jul-16
Sebastian Gomes	To	Manju Sebastian Gomes	26-Aug-16
Rozario Anthony Fernandes	To	Sebastina Fernandes	2-Sep-16
Aatish Sanjay Shetye	To	Elaine Carmen Mascarenhas	15-Oct-16
Denzil Mendonca	To	Chelsea Dorothy Lobo	15-Oct-16
Jason Dominic Gracias	To	Natasha Fatima Vaz Rodrigues	22-Oct-16
Luther Fernandes	To	Diana Pinto	5-Nov-16
Jostin Rodrigues	To	Nisha D'Souza	6-Nov-16
Rollen Daniel D'Souza	To	Delicia Assumption D'Souza	12-Nov-16
Ashley George Pinto	To	Petuala Iona D'Silva	12-Nov-16



UNITED IN CHRIST

RESTING IN CHRIST



Cajetan D'Souza	77 Yrs	A-4/27, Greenfields CHSL, J V L R	8-Aug-16
Archbishop Raphael Cheenath	82 Yrs	Soverdia House, Gyan Ashram Campus	14-Aug-16
Muriel Shaila Crage	74 Yrs	199/1, Land Mark, Sheir E Punjab Society	11-Sep-16
Nataline Furtado	95 Yrs	B/302, Manika Apts, Mahakali Caves Road	18-Sep-16
Dr. Anthony Nogver	69 Yrs	25, B/1, Takshila, Mahakali Caves Road	24-Sep-16
Veronica Coutinho	60 Yrs	D. No.8, 94, Bollate House, Baikampady, Mangalore	26-Sep-16
Victor Lazarus Concessao	65 Yrs	B-6, Chandroday Society, Mahakali Caves Road	30-Sep-16
Philomena Antonio D'Cruz	68 Yrs	702/A, Nirman Residency, Pump House	3-Oct-16
Sr. Salo Simon Karaparambil	69 Yrs	Nirmalashram, Canossa Convent	14-Oct-16
Cyril Assisi	68 Yrs	D-5, 71 & 72 Greenfields, JVLR	14-Oct-16
Eugene Colaco	75 Yrs	Bhuta Chawl, Malpa Dongri 3	14-Oct-16
Stella Albert D'Souza	91 Yrs	B/7, Seema Building, Mahakali Caves Road	17-Oct-16
Annie Santan Sequeira	59 Yrs	B-5, 51, Greefields CHSL, JVLR	21-Oct-16
Sr. Mafalda Pinto	71 Yrs	Fatima Mata Sadan, Andheri East,	6-Nov-16
Raynah Peter D'Gama	32 Yrs	D-502, Petel Terrace, 'D' Wing, Jijamata Road	12-Nov-16

For the 8:45 am Mass Schedule, Youth Mass Schedule and the Holy Hour Schedule look up the Parish website : www.sacredheartandheri.net

PARISH VISION MISSION STATEMENT

Vibrant with the Spirit of the risen Lord, towards a community of deeper faith, worship, love and service



Picnic - PPC & SCC Co-ordinators



Mission Sunday



PYC Camp to Khandala



Winners of the Vacation Bible Joy



Parish Day Celebrations - Day 1



Parish Day Thanks Giving Eucharistic Celebration



Parish Day Celebration - Day 2



Family Meal - Parish Day Celebration